



Lavender Notes

August 2012

OUR MISSION

Improving the lives of LGBT older adults with outreach, education, and Advocacy

SERVICES:

Friendly Visits

Monthly Lunches

Educational Events

UPCOMING EVENTS:

San Leandro Potluck
Saturday August 11

Oakland Lunch Bunch
Friday August 17

Fremont Lunch
Friday August 24

See Calendar Page for more information!

Volume 16, Issue 8

In Memory of Joe Gaynor

On Sunday July 8 Lavender Seniors of the East Bay lost Joe Gaynor to his ongoing battle with diabetes. Joe made substantial contributions to Lavender Seniors by supplying the monthly raffles prizes and pizza for the San Leandro lunch program. Joe did one of the nicest things anyone has ever done for me says Director Dan Ashbrook. "Joe knew I wanted to play the piano again but I did not have the ability to bring a piano into my home so he bought me an electronic keyboard at a yard sale." Heartfelt condolences from everyone at Lavender Seniors go out to Joe's partner Liang, his family, and friends.



DIVERSE ELDERS REPORT

A coalition made up of seven leading national aging organizations—the Diverse Elders Coalition released a policy report last month on the economic issues facing vulnerable older people, notably Black elders; Hispanic elders; Asian and Pacific Islander elders; American Indian and Alaska Native elders; and lesbian, gay, bisexual and transgender (LGBT) elders. *Securing Our Future: Advancing Economic Security for Diverse Elders* describes the issues facing elders of color and LGBT elders, who together will represent a majority of older adults in the United States by 2050. The report also offers policy recommendations in several areas key to the well-being of older people, including Social Security, Medicare and Medicaid, health care reform, and more. The Diverse Elders Coalition was founded in 2010 with the purpose of promoting federal policy solutions that enhance the quality of life for our country's diverse aging communities. The members of the Diverse Elders Coalition include: Asociación Nacional Pro Personas Mayores; National Asian Pacific Center on Aging; National Caucus & Center on Black Aged; National Hispanic Council on Aging; National Indian Council on Aging; Services and Advocacy for GLBT Elders; and Southeast Asia Resource Action Center. "The population of older people in this country is growing in both numbers and diversity, yet still remains largely neglected in public policy and age related programs," said Michael Adams, Executive Director of SAGE. "Through this report and news blog, the Diverse Elders Coalition has provided a clear blueprint of the major economic security challenges facing diverse communities, as well as clear recommendations for responsive policy reform." - Continued on page 2

SAVE THE DATE

For Lavender Seniors' 6th Annual "Aging in Place a Symposium for Older Adults" 10AM to 1PM on Friday October 5 at the Marina Community Center 15301 Wicks Blvd. in San Leandro. This year's theme is "Our Words Our Time" which pays tribute to the amazing efforts of senior volunteer advocates who are making a big difference in our community. This year there will be discussion on how the Affordable Care Act impacts Alameda County, presentations by professionals from the field of aging, a panel of experts, supportive service vendors, city officials and much more! Mark your calendars!

LAVENDER SENIORS
of the East Bay

1814 Franklin St., 4th floor, Oakland, CA 94612

P: (510) 667-9655, F: (510) 569-4589 info@lavenderseniors.org

www.lavenderseniors.org

Lavender Seniors is a project of Bay Area Community Services (BACS)

BOOK REVIEW **Lavender Notes**

Flagrant Conduct: The Story of Lawrence v. Texas

By Dale Carpenter W.W. Norton-\$29.95

In 2003 the U. S. Supreme Court declared that all sodomy laws were unconstitutional. But the gripping story of what led to this historic outcome began in Houston, Texas in 1998 with the arrest of two men who were accidentally caught making love.

The State of Texas presented an extremely weak case and had no witnesses. Eighteen states to this day refused to remove their sodomy laws from the book.

Dale Carpenter, a professor of Law at the University of Minnesota weaves a memorable detective story of this landmark case that will surely pave the way for gay marriage.-Frank Howell

Coalition. Over time, the blog will feature original commentary from leading experts in these fields, as well as a digital collection of personal stories of older people from around the country. "Too often, the policies meant to support older people ignore, underfund or discriminate against elders of color and LGBT elders. This report and news blog are drawing critical attention to the ways in which we can begin repairing these inequities," said Robert Espinoza, Senior Director for Public Policy and Communications at SAGE. **(SAGE is a leading organization working to improve the lives of LGBT elders. www.sageusa.org)**

4 SEASONS OF HEALTH EXPO!

On Wednesday August 29 from 9AM to 1PM at the Fremont Senior Center, 40086 Paseo Padre Parkway. Engage in Wellness and Active Living activities for adults 50+ and veterans. Vendors, health screens, speakers, & more!

DIVERSE ELDERES CONTINUED

Despite their growing presence in the US, elders of color and LGBT elders face significant disparities in health and health care access, economic security, housing, employment and more. Many encounter aging providers who lack the cultural and linguistic competence to address their unique needs, and many others face outright discrimination and neglect from our aging and health care system. More broadly, programs aimed at older people rarely explicitly serve elders of color and LGBT elders. To address these issues, some key recommendations from the report include: Preserve and reform essential safety net programs for older adults, such as Social Security, Medicare and Medicaid, to cover a broader range of vulnerable elders who have historically been excluded from accessing its benefits; Build the capacity of minority-, American Indian/Alaska Native-, and LGBT-led organizations to deliver more programs to their communities, which serve a critical role in helping diverse elders enroll in a wide variety of programs and services for which they are eligible but would otherwise not receive. Expand and strengthen senior employment programs, such as the Senior Community Service Employment Program (SCSEP), the only such federal program aimed at low-income older adults; and more. The report, authored by the Insight Center for Community Economic Development, is available at DiverseElders.org, the newly launched news blog of the Diverse Elders Coalition. This blog features original commentary and news about diverse older people in the U.S., an online library of publications related to diverse older people, and policy analysis and recommendations from the Diverse Elders

CARA CORNER

Sen. Tom Harkin Talks to Alliance Activists about the Rebuild America Act

On Thursday July 19, over 100 Alliance activists from across the country dialed in to speak with U.S. Sen. Tom Harkin (D-IA) about Social Security and pensions. The Senator took questions and spoke about his top legislative priority: the Rebuild America Act (S. 2252). The Rebuild America Act includes a number of provisions that strengthen Social Security by improving the solvency of the Social Security Trust Funds and, at the same time, improving the benefit calculations and annual cost-of-living adjustments (COLA) for all Social Security programs. "Not only can we not cut Social Security, we have to increase Social Security benefits," the Senator said. For more on the Rebuild America Act, go to <http://bit.ly/MJ556X>.

Potluck Instructions Are now listed on www.Lavenderseniors.org. Click "Event Listings" and information is under "Potluck."

Lavender Seniors of the East Bay is funded by individuals as well as Alameda County Area Agency on Aging, Alameda County Leather Corps, Kaiser Permanente, City of Oakland, City of Fremont, East Bay Foundation on Aging, Gay Chemists Support Fund, Horizons Foundation, Royal Grand Ducal Council of Alameda County, San Francisco Foundation, Bay Area Physicians for Human Rights (BAPHR), and Sisters of Perpetual Indulgence. We gratefully acknowledge the support of all Friends of Lavender Seniors.

Lavender Notes

August 2012



SUN	MON	TUE	WED	THU	FRI	SAT
			1	2 ♀♀	3	4
5	5	7	8 BOARD MEETING	9 ♂♂	10	11 Potluck
12	13	14	15	16 ♀♀	17 <u>Oakland Lunch Bunch</u>	18 <i>Fellows of the East Bay</i>
19	20	21	22	23 ♂♂	24 <u>Fremont-Lunch Bunch</u>	25
26	27	28	29 <u>4-Seasons of Health Expo</u>	30	31	

August 2 & 16, 1:30 PM to 3:30 PM Support Discussion Group for Aging Queer Women, (1st and 3rd Thurs.) -The Pacific Center, 2712 Telegraph Ave. (at Derby) Berkeley

August 8, 7:00-8:30 PM Lavender Senior Board Meeting (Wed. before Potluck) At BACS, 1814 Franklin St. Suite 400 Oakland

August 9 & 23, 1:30PM Senior Men's Group. (2nd and 4th Thurs.), 2712 Telegraph Ave. Berkeley at the Pacific Center Co-Sponsor: Pacific Center 510-548-8283

August 11, 12:00 PM - 2:00 PM Lavender Seniors Potluck (2nd Sat.) 1395 Bancroft Ave, San Leandro Program: Art of Moving with John Argue- Please refer to www.lavenderseniors.org for potluck instructions.

August 17, 12:30-2:30 PM Lunch Bunch Sponsored by City of Oakland Aging & Adult Services, N. Oakland Sr. Center, 5714 Martin Luther King Jr. Way, Program: Special Guest Nina G.

August 18, Fellows of the East Bay (3rd Sat.) 1823 9th Street (at Hearst), Berkeley. Social Hour 5:00, Dinner 6:00.

August 24, 12:00-2:00PM South County Lunch & Talk About at Fremont Senior Center, 40086 Paseo Padre Pkwy Fremont

Program: Life Enrichment Stories with Priscilla Mathews LCSW

August 29, 9AM to 1PM Four Seasons of Health Expo, Fremont Senior Center, 40086 Paseo Padre Pkwy Fremont

Become a "Friend of Lavender Seniors" Today!

Here's my gift of: \$20 \$35 \$50 \$100 \$250 \$1000 Other \$ _____

Donate online at www.lavenderseniors.org. or send a check made payable to: Lavender Seniors/BACS or please charge my (circle one): AMEX Mastercard VISA Signature: _____

Card #: _____ Expires: ____/____/____

Name: _____ Address _____

City/State/ZIP: _____

I would like to make a monthly pledge of \$ _____ Please send me a monthly donation form and envelope.

Please mail to: Lavender Seniors of the East Bay, 1814 Franklin St. 4th Floor, Oakland, CA 94612

Monica Z. Nowakowski-Carlson, L.C.S.W.

Psychotherapy & E.A.P.

Ca Lic #13419



Individuals and Couples
Relationship, Grief, Caregiver Issues
East Bay Offices & Home Calls

Insurance Accepted
Geriatric Mental Health Consultation **510.234.4100**

DAVID TRUJILLO ddtruji@gmail.com

CERTIFIED MASSAGE THERAPIST
Reiki Practitioner

510 301-0045



Dominic J McKenna, AAMS®
Financial Advisor

887 Island Drive Suite E
Alameda, CA 94502
510-749-9290

www.edwardjones.com Member SIPC

Edward Jones
MAKING SENSE OF INVESTING



Renee Brown, CLTC
Licensed Insurance Agent of
Genworth Life Insurance Company
39962 Cedar Blvd. Ste. 269
Newark, CA 94560
510 657.8753
rbrown@genworthlinc.com
CA License# 0B91637

"Long term care planning for businesses and individuals"

104783 03/31/10

Bay Area Rainbow Homes
at Keller Williams Realty

Proudly supporting and saluting the

Lavender Seniors of the East Bay



VALERIE CROWELL
Real Estate Broker

Mobile 925-381-2998



ROB MILLS
Real Estate Broker

Mobile 415-990-7565



bay area rainbowhomes



bay area real estate
professionals

>> Info@BayAreaRainbowHomes.com

Experience and Knowledge
... put to work for you and
those you care about

Additional expertise:

- > Wills and Probate
- > Living Trusts

- > Coordinating Simultaneous Sale and Purchase
- > Downsizing / Going Smaller
- > Short Sale Consultations

Proudly Serving the Real Estate Needs of our Diverse Clients around the Greater Bay Area

SENIORS
Real Estate
SPECIALIST



Each KW Office is Independently Owned & Operated / CA RE Broker Lic #1315322 & #1842750

Providing the Best Home Care in Alameda County!

*We can help with:
Bathing Dressing Meal Prep
Housekeeping Transportation
Companionship*

HomeAide Home Care Inc

Family Owned and Operated since 1999



Call today for your free assessment

(510) 247-1200

www.homeaidehomecare.com

Ad Size	1 month	3 months	6 months	1 year
Classified Ad	\$2 per line (per month) on a 3-column page			
Business Card	\$30	\$75	\$140	\$250
Quarter Page	\$50	\$125	\$225	\$400
Half Page	\$90	\$220	\$400	\$750
Full Page	\$200	\$450	\$800	\$1400