

# Lavender Notes

A PROJECT OF BAY AREA COMMUNITY SERVICES (BACS)

April, 2012

## OUR MISSION

Improving the lives of LGBT older adults with outreach, education, and Advocacy

## SERVICES:

Friendly Visits

Monthly Lunches

Educational Events

## UPCOMING EVENTS:

Potluck Saturday:  
Apr 14th,

Photovoice Meeting:  
Apr 16th,

Oakland Lunch  
Bunch: Apr 20th,  
Fremont Lunch:  
Apr 27th

See Calendar Page for more information!

Volume 16, Issue 4

## AGENTS FOR CHANGE!

Lavender Seniors, in partnership with Bay Area Community Services (BACS) has started a monthly convening of seniors entitled *Agents for Change*. The mission of the group is to address local community issues that affect the lives of all seniors. Participating in Agents for Change is a great way to meet others, learn about senior resources, and help raise awareness for senior issues among our city, county, and state policy makers. **For more information contact Scott Weinzirl at 510-318-6113.**

## NEW SERVICES...

Lavender Seniors is now sponsored by Bay Area Community Services (BACS) providing our program participants additional support. We can better able refer clients at risk to senior case managers who will provide in-home assessments of their social, environmental, daily living needs. Based from these assessments, case managers create customized care plans designed to promote health wellness and independence. BACS also provides day care centers in Fremont and Oakland, Meals on Wheels, a North County Senior Homeless program, and transportation services for those living in specific areas of the Fruitvale and the Diamond districts, as well as congregate meals at senior centers. Our goal is to help seniors avoid nursing homes where possible and remain connected to their communities. **For more information contact Dan Ashbrook at 510-667-9655.**

## BOOK REVIEW

Double Life: A Love Story From Broadway to Hollywood By Alan Shayne & Norman Sunshine Magnus Books-\$24.95.

People love inspiring stories of success as opposed to tales of woe or dry, academic studies, even though they also have their place. Nevertheless, publicity hounds love to dwell on couples who broke up. How uplifting it is to behold the saga of Shayne and Sunshine. *(Cont'd Pg 2)*

## PHOTOVOICE

On February 27, the Castro Valley Senior Center hosted an LGBT elder issues forum that featured presentations from the Lavender Seniors' "Photovoice" collation. Members of the coalition told riveting personal stories about what it was like to come of age as an LGBT during the time of the "repressive years." *(Cont'd Pg 2)*

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**BOOK REVIEW****Lavender Notes****CARA CORNER**

**(Cont'd from front page)** They have a weakness for telling us excessively much about their furniture, swimming pools, and antiques. Shayne and Sunshine display a weakness for only writing about their younger years and playing down their lives as gay seniors. How do they find life as grey haired retired folk? They finally retire to rural Connecticut. In 2004 after more than 40 years of challenge and bliss, they tie the knot before a justice of the peace.

The rings were bought at Tiffany's. How fitting. Perfect role models for rest of us. *Frank Howell*

**PHOTOVOICE**

**(Cont'd from front page)** It was interesting to note that staff and consumers had no idea about how LGBT older adults had to hide their identity to protect themselves from being shunned from family, friends, employers, and the community at large. Staff also had limited knowledge of how to properly reach LGBT seniors. The senior center manager commented on how touched she was by the personal stories and how much she was inspired to improve the centers outreach to LGBT seniors. This is a great example of how advocating for change can be as simple as telling your personal story. Thank you to the Photovoice volunteers for inspiring change at the Castro Valley Senior Center! For more information about getting involved with Photovoice contact Scott Weinzirl at 510-318-6113.

Washington Post Finds Conservative Seniors Group "60 Plus" Less Than Honest  
The 60 Plus Association, a conservative seniors group, is spending \$3.5 million on television advertisements accusing five Democratic senators of voting to ration Medicare services. The ads feature musician Pat Boone. Historically, many critics have referred to "60 Plus" as a front group for the pharmaceutical industry. The group's targets are potentially vulnerable Democrats in states with large populations of senior citizens: Sens. Bill Nelson (Fla.), Jon Tester (Mont.), Claire McCaskill (Mo.), Debbie Stabenow (Mich.) and Sherrod Brown (Ohio). "The Washington Post refers to the ads as, 'More "Mediscare" Hooey, GOP Version,' and I agree wholeheartedly," said Barbara J. Easterling, President of the Alliance.

**NEW INTERN**

Hello, my name is Candelario Jack Castillo. I'm in my second and final year of completing my Masters in Social Work at California State University East Bay in Hayward. I'm so excited to be working with Lavender Seniors of the East Bay. I have been openly gay from the age of 16 and was blessed to have a great-aunt who is also openly gay and "paved the way" for me in coming out with my family. I'm looking forward to learning more about how, as a social worker I can help improve the lives of LGBT seniors and I appreciate this opportunity to grow professionally in our community.

**VOLUNTEER CORNER**

LGBT older adults are needed on the City of Fremont's official contingent in the SF Pride Parade. For more information contact MaryLou Johnson at 510-574-2040.

Also, Lavender Seniors has openings for Advisory Board members. Interested persons should contact Dan Ashbrook at 510-667-9655.

**Lavender Seniors of the East Bay is funded by individuals as well as Alameda County Area Agency on Aging, Alameda County Leather Corps, Kaiser Permanente, City of Oakland, City of Fremont, East Bay Foundation on Aging, Gay Chemists Support Fund, Horizons Foundation, Royal Grand Ducal Council of Alameda County, San Francisco Foundation, Bay Area Physicians for Human Rights (BAPHR), and Sisters of Perpetual Indulgence. We gratefully acknowledge the support of all Friends of Lavender Seniors.**

# Lavender Notes

## APRIL 2012

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5 ♀♂	6	7
8	9	10	11 Board Mtg	12 ♂♀	13	14 LS Potluck!
15	16 Photovoice	17	18	19 ♀♂	20	21 Fellows of the East Bay
22	23	24	25	26 ♂♀	27 Fremont Lunch	28
29	30					

**Apr. 5th & 19th –1:30 PM to 3:30 PM: Support Discussion Group for Aging Queer Women, (1st and 3rd Thurs.)** -The Pacific Center, 2712 Telegraph Ave. (at Derby) in Berkeley.

**Apr. 11th., 7:00-8:30 PM: Lavender Senior Board Meeting** (Wed. before Potluck) 1395 Bancroft Ave. San Leandro

**Apr. 12th & 26th., 1:30PM: Senior Men's Group.** (2nd and 4th Thurs.), 2712 Telegraph Ave. Berkeley at the Pacific Center Co-Sponsor: Pacific Center 510-548-8283

**Apr. 14th., 12:00 PM - 2:00 PM: Potluck Lavender Seniors (2nd Sat.)** 1395 Bancroft Ave, San Leandro **Program: Sisters of Perpetual Indulgence**

**Apr. 16th., 6:30 PM: Photovoice Meeting,** Coffee room at 1395 Bancroft Ave, San Leandro

**Apr. 20th., 12:30-2:30 PM: Lunch Bunch Sponsored by City of Oakland Aging & Adult Services,** North Oakland Senior Center, 5714 MLK Way, Oakland. **Program:** Victims' Rights by Alyce Sanbach Deputy District Attorney Consumer & Environmental Protection Division

**Apr. 21st., Fellows of the East Bay (3rd Sat.)** 1823 9th Street (at Hearst), Berkeley. **Social Hour 5:00, Dinner 6:00.**

**Apr 27th., 12:00–2:00PM South County Lunch & Talk About at Fremont Senior Center. Program:** Emergency Preparedness for LGBT Seniors with CARD

### Become a "Friend of Lavender Seniors" Today!

**Here's my gift of:**  \$20     \$35     \$50     \$100     \$250     \$1000     Other \$\_\_\_\_\_

Donate online at [www.lavenderseniors.org](http://www.lavenderseniors.org). or send a check made payable to: Lavender Seniors/BACS or please

charge my (circle one): AMEX    Mastercard    VISA    Signature: \_\_\_\_\_

Card #: \_\_\_\_\_ Expires: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_


Name: \_\_\_\_\_ Address \_\_\_\_\_

City/State/ZIP: \_\_\_\_\_

I would like to make a monthly pledge of \$\_\_\_\_\_ Please send me a monthly donation form and envelope.

**Please mail to: Lavender Seniors of the East Bay, 1814 Franklin St. 4th Floor, Oakland, CA 94612**

**Monica Z. Nowakowski-Carlson, L.C.S.W.**  
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**ADVERTISING RATES\* FOR LAVENDER NOTES**

Ad Size	1 month	3 months	6 months	1 year
<b>Classified Ad</b>	\$2 per line (per month) on a 3-column page			
<b>Business Card</b>	\$30	\$75	\$140	\$250
<b>Quarter Page</b>	\$50	\$125	\$225	\$400
<b>Half Page</b>	\$90	\$220	\$400	\$750
<b>Full Page</b>	\$200	\$450	\$800	\$1400

\* Individuals and non-profit organizations who have made an annual contribution of \$25 or more are entitled to discounts of 40% on classified ads and 20% on other ads. Lavender Seniors reserves the right to accept or reject any ad. \* Cost for a 1/2 page insert or one-page insert to Lavender Notes for one month may be purchased for: Non-Profits, \$250; For-Profits, \$500. Must be received by 10<sup>th</sup> of preceding month.