

**LAVENDER  
SENIORS**  
*of the East Bay*

# Lavender Notes

*A Project of the Tides Center*

1395 Bancroft Avenue

Phone 510 667-9655

San Leandro, CA 94577

Fax: 510-667-9909

Web: <http://www.lavenderseniors.org>

Email: [director@LavenderSeniors.org](mailto:director@LavenderSeniors.org)

## Lavender Seniors & SAGE on Capitol Hill

Lavender Seniors had the wonderful opportunity to attend the National LGBT Aging Roundtable 2010 convening in Washington DC from April 22-24 which was organized by SAGE, Services and Advocacy for Gay, Lesbian, Bisexual & Transgender Elders. The roundtable was established to make progress towards improving the overall quality of life for LGBT seniors, reduce discrimination against LGBT seniors and share best practices and raise issues among LGBT elder organizations from all over the country. Specifically the project aims to improve federal policy for LGBT elders. This includes amending the Older American's Act of 1965 when it is re-authorized in February 2011. The older Americans Act established authority for grants to states for community planning, social services, research and development projects, and personnel training in the field of aging. It is the major source of funding for state and regional agencies on aging around the country and the federal focal point for matters of aging. By amending the act, SAGE hopes to see an increase of 12% in funding for aging programs as well as more LGBT inclusive language and regards for the needs of LGBT elders. Day 1 of the roundtable started with an LGBT elder issues congressional briefing on Capitol Hill. The congressional briefing was timely in that it came on the heels of the story of Clay Greene and Harold Scull, a gay elderly couple who were separated and had their possessions sold by Sonoma County despite measures they took to protect their relationship. That same day while on Capitol Hill, Lavender Seniors met with Congressman Pete Stark's legislative

aid. Pete Stark represents District 13 which covers south and west Alameda County and parts of Oakland and Pleasanton. We thanked Pete Stark for his support of the LGBT community which has helped get us where we are today. We also presented background on the issues Lavender Seniors sees everyday such as isolation, poverty, and health disparities (poor nutrition, HIV/AIDS, mental health) and their root causes which include the lack of social security survivor benefits, stigma, fear of hetero normative service providers, a paucity of LGBT senior services and lack of Medical protections for same sex couples. Also discussed were cost concerns to our state from

LGBT seniors being prematurely admitted into nursing homes and long term care due to lack of biological family support. Upon concluding the meeting we asked Pete Stark to help us take LGBT elder protections to a new level and think about LGBT elders when the Older Americans Act is up for reauthorization in February 2011.

Days 2 and 3 were held at the Washington DC LGBT center where the roundtable solidified itself as the grassroots organizing vehicle for the LGBT aging movement. SAGE and roundtable members debriefed about previous year's work and discussed challenges for LGBT elder programming, policy making and movement building. The LGBT elder movement is currently a ripple in the context of larger movements on aging and LGBT equality. SAGE also introduced their new projects including the opening of a new National Technical Assistance Resource Center (NTARC) a federally funded resource center for LGBT elder issues, "Outing Age 2010" a public policy report and "Improving The Lives of LGBT Elders" an in depth report on LGBT aging. Both reports are accessible online at [www.sageusa.org](http://www.sageusa.org).

*(Continued on page 5)*

**Lavender Seniors of the East Bay is funded by individuals as well as Alameda County Area Agency on Aging, Alameda County Leather Corps, California Council for the Humanities, The California Endowment, City of Oakland, City of Fremont, Contra Costa County Area Agency on Aging, East Bay Community Foundation, Gay Chemists Support Fund, Horizons Foundation, Royal Grand Ducal Council/Alameda County, San Francisco Foundation, Bay Area Physicians for Human Rights, and Sisters of Perpetual Indulgence. We gratefully acknowledge the support of all Friends of Lavender Seniors.**

## Mission Statement

The mission of Lavender Seniors of the East Bay is to improve the quality of life of lesbian, gay, bisexual, and transgender seniors through direct service, community outreach, advocacy, and education.

Founded in 1994, Lavender Seniors of the East Bay provides the following:

**LGBT Seniors of Color:** Improves access to health and human services to LGBT seniors in the African-American, Latino, Native American, Asian, and Pacific Islander communities.

**Friendly Visitors Program:** Matches volunteers with isolated and /or frail LGBT seniors for social support, light household and shopping assistance, and telephone assurance.

**Cultural Competency Training:** Through LGBT Senior panelists, educates service providers to comply with state laws to change policies and practices to make service more accessible to LGBT seniors.

**Monthly Informative Social Gatherings:** Help build informal social networks and individual's knowledge of issues affecting seniors at the Monthly Potluck in San Leandro, Lavender Lunch Bunch in Oakland, and South County Lunch and TalkAbout at the Fremont Senior Center.

**Community Involvement:** Engages in community building and partnering processes with local governments in order to insert LGBT elders' needs into their planning efforts.

**Monthly Discussion Groups:** Coming Out Again, Fellows of East Bay and Seniors Men's Afternoon co-sponsored and co-hosted by the North Berkeley Senior Center and Pacific Center (see back page for schedules) provide LGBT support group settings to elders in the North County.

**Monthly newsletter:** *Lavender Notes*.

**Website:** <http://www.lavenderseniors.org>

To get involved as a participant or volunteer, contact us at 510-667-9655, press 1, or go to: <http://www.lavenderseniors.org>

Lavender Seniors welcomes all LGBT persons, their partners, allies, and guests. Cost of production and mail makes necessary a request of \$20 minimum annual donation to receive the newsletter. Visitors & others may receive the newsletter for three months without charge. No one is turned away for lack of funds. For gifts, make checks payable to  
*Tides Center / Lavender Seniors.*

## Advisory Board

Mike Mora, Chairman, D'Anne Bruetsch, Vice-Chair, Bobbie Jarvis, Treasurer.

Members-at-Large

Marvin Burrows, Meg Bruynell, Gabriel Delgado, Frank Howell, Rob Mills, Ina Mae Murray, Pat Skillen, Tomi Smith

## Volunteer Corner

My name is Jack Murphy. I retired early and in good health despite a couple of chronic medical conditions. I need volunteer work to help me get out of the house and do something rewarding by helping a fellow gay man. It is an ideal situation in that we both get the benefit of increased personal contact through the Friendly Visitors program.

## Volunteer with us at

### SF Pride!

We are pleased to announce that Lavender Seniors has been selected to participate as a donation partner with San Francisco Pride on Sunday June 27! This means that we will be stationed at an entrance gate to SF Pride collecting donations as people enter the festivities at the San Francisco Civic Center. Lavenders Seniors will receive a portion of collected donations but we need your help. We need volunteers to sign up for 1 of 3 shifts: 10AM – 12:30PM, 12:30 – 3PM and 3PM – 6PM. Gate location and reporting instructions will be provided at a later date. If you are available for a shift please email [dan@lavenderseniors.org](mailto:dan@lavenderseniors.org) or phone (510) 667-9655 Ext 3. This is a great way to spend a couple hours at Pride while at the same time helping Lavender Seniors raise money.

## LGBT Elder Space at Pride

Lavender Seniors along with Openhouse and New Leaf Services for Our Community will be hosting the Elder's Space at SF Pride on Sunday June 27. The Elder's Space provides a relaxing area for older adults, information for LGBT elders and a showing of the Lavender Scrolls exhibit. If you are attending SF Pride, come by and say hello!

Signed articles represent the opinion of the authors and not necessarily those of Lavender Seniors. Inclusion of a name in this newsletter does not necessarily indicate a person's sexual orientation or gender identity.

## June Birthdays

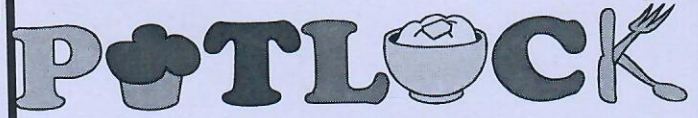
June 3 <sup>rd</sup> Kathy MC.	June 13 <sup>th</sup> James S.	June 23 <sup>rd</sup> Morris S.
June 7 <sup>th</sup> Heinz, K. H. Nona H. D'Anne B.	June 15 <sup>th</sup> Bayla B. Barbara S.	June 24 <sup>th</sup> M. Apol.
June 9 <sup>th</sup> Bill A.	June 16 <sup>th</sup> Teresa H.	June 28 <sup>th</sup> Stephanie A. B. Jeanne S.
June 11 <sup>th</sup> Shoshana D.	June 18 <sup>th</sup> William H.	June 29 <sup>th</sup> Cotys W.
June 12 <sup>th</sup> Jim C. Jeff V.	June 20 <sup>th</sup> Donna L. Mike W.	June 30 <sup>th</sup> Pat P.

## MONTHLY POTLUCK

Saturday, June. 12th - 12 noon to 2pm

Program: Elder Financial Network

- A thru K Bring a Desert/Fruit
- L thru R Bring a Main Dish
- S thru Z Bring a Salad



Donate to Lavender Seniors online! Now you can go to [www.lavenderseniors.org](http://www.lavenderseniors.org) and click the **Donate Now** link. This is an easy way to make a difference in your community.

### Become a "Friend of Lavender Seniors" Today!

Lavender Seniors of the East Bay need your help! LGBT seniors are among the most overlooked and underserved population. Your donation provides general operating support for programs that help LBGT seniors live better lives by addressing issues of stigmas based on age and sexual orientation, limited biological families and social support, health disparities, insensitive health and human services providers, and economic insecurity exacerbated by ineligibility for spousal or survivor's benefits.

Please take a moment and send your gift today. Your annual giving entitles you to a subscription to our monthly newsletter, Lavender Notes.

Here's my gift of:  \$20  \$35\*  \$50  \$100  \$250  \$1000  Other \$ \_\_\_\_\_

#### Annual Courtesy Giving Levels

- Lavender Leader \$2,500
- Lavender Supporter \$1,000
- Lavender Friend \$500

(\* Please give this amount or more if possible.)

Enclosed is a check made payable to Tides Center / Lavender Seniors

Please charge my (circle one):  AMEX  Mastercard  VISA

Card #: \_\_\_\_\_ Expires: \_\_\_\_/\_\_\_\_/\_\_\_\_ Signature: \_\_\_\_\_

Name: \_\_\_\_\_

Home Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

City/State/ZIP: \_\_\_\_\_

Referred by: \_\_\_\_\_

\_\_\_\_\_ I would like to make a monthly pledge of \_\_\_\_ Please send a monthly donation form and envelope. (Please fill out contact information above).

- Please contact me about including Lavender Seniors in my will.
- Please contact me about participating in Lavender Seniors' programs and or volunteering.
- Please do NOT list me in Lavender Seniors publications as a "Friend of Lavender Seniors."

Please mail to: Lavender Seniors of the East Bay, 1395 Bancroft Avenue, San Leandro, CA 94577  
**REMEMBER THAT YOUR DONATIONS TO LAVENDER SENIORS ARE TAX-DEDUCTIBLE**

## “Eat Well– Age Well”

“Eat Well Age Well” is a 10 month series of articles and events sponsored by Kaiser Permanente.

### Start the day off Right...Eat Breakfast!

Wendy Albovias, RD

We've all heard at one point in time that breakfast is the most important meal of the day. Guess what, folks? IT IS! Eating a healthy breakfast really is the best way to start off your day. You'll feel better, have more energy and chose healthier foods the rest of the day. On the other hand, skipping breakfast will make you tired, sluggish and moody; and cause you to choose unhealthier foods or eat bigger portions throughout the day.

A healthy breakfast refuels your body and revs up your metabolism. As with all meals, your first meal of the day should be well-balanced--containing high fiber whole grains, fruits and vegetables and lean protein such as lean meats, eggs, beans or low fat/nonfat dairy products. A good example of a healthy breakfast can be something simple like a small bowl of oatmeal with a few berries and a hard boiled egg; or a cup of nonfat Greek yogurt with fruit or honey and a bit of granola. Try to stay away from pastries, sugary cereals, loads of syrup, white breads and high fat cuts of bacon or sausage.

Some of the most common excuses people give for skipping breakfast are:

“I don't have enough time in the morning.”

“I'm not hungry in the morning.”

“I'll gain weight eating breakfast.”

“I don't like breakfast foods.”

Ever responded with any of these statements when asked if you eat breakfast? Here are a few tips to help you skip the excuses and eat a healthy breakfast.

First, stock your kitchen with easy-to-prepare foods such as high fiber breakfast cereal, instant oatmeal, mini whole grain bagels, whole grain toaster waffles, low fat or non fat yogurt and fresh fruit.

Second, if you really don't like to eat breakfast, you can split it up into smaller meals. Start with a cup of 100% fruit juice or a slice of whole grain toast with a smear of natural nut butter. Then an hour or two later, snack on an apple and a handful of healthy nuts like almonds, a hard boiled egg, low fat or nonfat milk or yogurt or low fat string cheese and a couple whole grain crackers.

Third, breakfast doesn't have to consist of traditional breakfast. A healthy breakfast can be any food you like, even a small bowl of soup, leftovers or a sandwich.

Last, there is no evidence to support the belief that eating breakfast will make you gain weight. In fact, skipping meals has been shown to lead to overeating at snack time or the next meal.

Remember to be good to yourself and start your days off right by eating a healthy breakfast. Try Dan's homemade granola recipe to keep in your pantry as a go-to part of a healthy breakfast.

## Monthly Wellness Recipe

### Homemade Granola

Ingredients:

6 cups rolled oats

2 cups mixed nuts and seeds (walnuts, pecans, sunflower, pumpkin, flax, cashews, etc.)

1 cup dried unsweetened coconut

Cinnamon, Nutmeg or other spices to taste

Dash salt

½ to 1 cup honey

1 cup raisins and/or chopped dried fruit

Preheat oven to 300.

Poor oats in 9 x 11 inch baking pan and put over 2 burners on medium heat and roast 3 to 5 minutes.

Add the 2 cups of nuts and seeds and roast another 2 to 5 minutes. If you prefer a darker more fragrant roasted mixture then heat longer. Add the coconut and roast another 2 minutes.

Add spices, salt and honey and mix well. Put in oven and bake for 20 minutes stirring once at 10 minutes.

Remove from oven and add raisins and/or dried fruit.

Enjoy!

## Eating Wellness Events

### Next Event:

Saturday July 10, San Leandro Community Church  
12:00PM to 2:00PM

Smart Nutrition with Wendy Albovias RD



**KAISER PERMANENTE®**

(Continued from page 1)

The roundtable concluded its 3 day convening with an interactive policy discussion and a breakout session of organizations grouped regionally to discuss needs and objectives for advancement of LGBT elder policy in their service area. A California work group of Lavender Seniors, Openhouse, the LA Gay and Lesbian Community Center, AZTECA, Gay and Lesbian Elder Housing and the National Center for Lesbian Rights put together recommendations for future goals and objectives and will begin to develop a work plan at a meeting in July in San Francisco. Goals include amending and enforcing AB2920 to give it more impact, writing regulations for the Department of Health for enforcement of SB1729 and identifying opportunities for LGBT elder inclusion in national health surveys. AB2920 is a California law that states programs and services administered under the Older American Act account for the needs of LGBT elders. SB1729 is a new law that mandates staff at 24-hour senior care facilities be trained to serve LGBT elders.

#### **Sonoma County CA separates elderly gay couple and sells all of their worldly possessions**

Filed by: [Kate Kendall](#)

April 17, 2010 4:00 PM

Updated at the end of the post

Clay and his partner of 20 years, Harold, lived in California. Clay and Harold made diligent efforts to protect their legal rights, and had their legal paperwork in place--wills, powers of attorney, and medical directives, all naming each other. Harold was 88 years old and in frail medical condition, but still living at home with Clay, 77, who was in good health.

One evening, Harold fell down the front steps of their home and was taken to the hospital. Based on their medical directives alone, Clay should have been consulted in Harold's care from the first moment. Tragically, county and health care workers instead refused to allow Clay to see Harold in the hospital. The county then ultimately went one step further by isolating the couple from each other, placing the men in separate nursing homes.

Ignoring Clay's significant role in Harold's life, the county continued to treat Harold like he had no family and went to court seeking the power to make financial decisions on his behalf. Outrageously, the county represented to the judge that Clay was merely Harold's "roommate." The court denied their efforts, but did grant the county limited access to one of Harold's bank accounts to pay for his care.

What happened next is even more chilling.

Without authority, without determining the value of Clay and Harold's possessions accumulated over the course of their 20 years together or making any effort to determine which items belonged to whom, the county took everything Harold and Clay owned and auctioned off all of their

belongings. Adding further insult to grave injury, the county removed Clay from his home and confined him to a nursing home against his will. The county workers then terminated Clay and Harold's lease and surrendered the home they had shared for many years to the landlord.

Three months after he was hospitalized, Harold died in the nursing home. Because of the county's actions, Clay missed the final months he should have had with his partner of 20 years. Compounding this tragedy, Clay has literally nothing left of the home he had shared with Harold or the life he was living up until the day that Harold fell, because he has been unable to recover any of his property. The only memento Clay has is a photo album that Harold painstakingly put together for Clay during the last three months of his life.

With the help of a dedicated and persistent court-appointed attorney, Anne Dennis of Santa Rosa, Clay was finally released from the nursing home. Ms. Dennis, along with Stephen O'Neill and Margaret Flynn of Tarkington, O'Neill, Barrack & Chong, now represent Clay in a lawsuit against the county, the auction company, and the nursing home, with technical assistance from NCLR. A trial date has been set for July 16, 2010 in the Superior Court for the County of Sonoma.

#### **SF Pride Volunteers Needed!**

If you would like to help Lavender Seniors collect donations at the entry gates to SF Pride, please contact Dan Ashbrook at 510-667-9655, Ext. 3, or at [dan@lavenderseniors.org](mailto:dan@lavenderseniors.org). This is a great way to help your community. SF Pride is on Sunday, June 27th. Shift times are every 2.5 to 3 hours throughout the day from 10:AM to 6PM.

**Pelosi calls for moratorium on dismissals of gay troops:** House Speaker Nancy Pelosi, D-Calif., late Friday issued a statement calling for a halt to discharges of military personnel under the "Don't Ask, Don't Tell" policy until a Pentagon review of the issue is complete and Congress has had a chance to act on repeal legislation. Pelosi also said she hopes the House will vote to repeal the ban on openly gay troops this year. [Washington Blade](#) (4/30)

#### **Calif. GOP Senate candidate talks about supporting LGBT rights**

Former Rep. Tom Campbell, a Republican who now leads the primary race to challenge U.S. Sen. Barbara Boxer, D-Calif., says his support for marriage equality and abortion rights is about freedom. "The philosophy of limited government and more individual freedom is consistently applied by restricting the growth of government over business and over individual lives," Campbell said. "And so, in the Republican Party, I find myself with a philosophy that doesn't have contradictions," he added. [Frontiers In L.A. \(Los Angeles\)](#) (5/5)

### City Boy: My Life in New York During the 1960s and 70s

By Edmund White

Bloomsbury Press-\$26.00

It is good for all of us to look back on our contemporary history to gain a certain perspective: to see how far we have come and what it was really like back then.

White knows mainly the New York City terrain but he has also roamed about in Paris and our own City by the Bay.

I was somewhat startled by his experiences of Gotham in the 1970's. Living expenses were more reasonable then than now, but there were garbage strikes and the city of glamour was getting run down. As White puts it, "New York....was a junkyard with serious artistic aspirations."

During the 1960's when sex was being widely explored, gay couples were rare. Gayness was a titillating novelty and not a lifetime commitment.

Ed arrived on the East Coast from Michigan. His first entry onto the dog eat dog job market was with Time-Life, starting salary \$400.00

per month. He avoided the draft by checking the little box marked "homosexual". Others used the preferred approach marked, "college deferment."

White provides a step by step guide to cruising the streets and then luring an attractive individual back to your apartment. We are even instructed in the art of playing host the following morning. Inspecting the piers along the Hudson River at night was also inviting but dangerous.

Ed came to San Francisco before the Castro arose and found the following, "It (gay life) wasn't visibly centered anywhere but rather went on behind closed doors, in gated patios or in small, scattered neighborhood bars pulsing sadly like scattered pods promising eventual life." Ed's early prose was vague and abstract. Only later when he really explored his own life in such autobiographical novels as "A Boy's Own Story" did his career begin to take shape. But it was his work on "The Joy of Gay Sex" that set the fires ablaze.

White spreads gossip about Susan Sontag, Edward Gorey, Balanchine, Lillian Hellman and others.

There were arguments at the time about whether "gay and lesbian literature" was a proper term. But as White points out, no critic even seemed to question the term black writer as applied to someone like James Baldwin. On one occasion a bit of censorship occurred in Canada when a woman entered a bookstore in search of a book on the joy of cooking. She accidentally picked up "The Joy of Gay Sex" and consulted the chapter on "chicken". She was appalled at the advice given and demanded the

book be withdrawn.

Edmund White has laid bare a significant period of LGBT history and the reader's curiosity will be rewarded. Who can say what he will explore next.

-Frank Howell

---

## The Passing of AB 2199

---

California law instructs the State Department of Mental Health to conduct research into the supposed "causes and cures of homosexuality." On April 26, the California Assembly — with only one member voting no — passed an Equality California (EQCA) sponsored bill AB 2199 which would strike from the Welfare and Institutions code the requirement that the State Department of Mental Health conduct research on the 'causes and cures of homosexuality,' authored by Assemblymember Bonnie Lowenthal (D-Long Beach). It passed with overwhelming bipartisan support.

---

### Memorial Celebration for Kate Rosenblatt

**Born:** April 26, 1922 – **Died:** November 10, 2009

**Date:** Sunday, June 20, 2010

**Time:** 2:00 PM – 5:00 PM

**Where:** Mills College, Reinhardt Alumnae House (Follow signs inside the entrance.)

5000 MacArthur Blvd., Oakland

(For directions, call Joyce Pierson, 510-301-9937, or Google [www.mills.edu](http://www.mills.edu))

Friends and members of the Bay Area LGBT senior network are invited to attend this Memorial Celebration and remembrance of Kat's life and times. An Oakland /San Leandro resident since 1989, living within the radius of her beloved Alma Mater, Mills College, Class of 1944.

Kate was a self-identified lesbian-feminist, Jewish, pagan, activist, playwright, poet, educator and ocean-living traveler. Originally from Chicago, and former resident of Florida, Kate came to California in 1976. She was a founding mother of Lavender Hill and OLOC, and enjoyed a long-life of twenty-five years with her partner, Joyce Pierson. She was the mother of three surviving children, Susan of Piedmont, Liz of Los Angeles, and Hal of Seattle. Kate was a loving "lesbian grandma" to 10 grandchildren and two great-grandchildren. Kate died peacefully at home with her close family member's following a long challenging journey living with Alzheimer's disease since 1996.

This celebration features the Mother Tongue Readers' Theater group performing some excerpts of Kate's writings and her performed play, "Death is A Family Affair", the 1<sup>st</sup> Place Winner in the Phoenix, AZ Southwest Women's Theater Competition in 1993.

**Anyone needing directions and transportation assistance, please contact Joyce, 510-301-9937**



PSYCHOTHERAPIST/AUTHOR  
LICENSE NO. MFC 32346

MERLE YOST, LMFT  
MARRIAGE AND FAMILY THERAPIST

2917 McClure Street  
Oakland, CA 94609  
510-627-0090

merle@myost.com  
www.myost.com

JOANN SULLIVAN  
510.848.1950 x246  
Cell 510.393.7889  
DRE Lic. #01453021

www.ThornwallProperties.com • 1656 Shattuck Ave. Berkeley



Seniors Real Estate Specialist  
joann@thornwallproperties.com  
www.EastBaySmartSenior.com



A Faithful Friend

HomeAide Home Care INC

"There's No Place Like Home"

Robert Young  
General Manager

Hayward  
Tel: 510-247-1200 ♥ Fax: 510-247-1240  
Pleasanton  
Tel: 925-249-0200

1544 B Street, Suite 7 ♥ Hayward, CA 94541  
www.homeaidehomecare.com

DAVID TRUJILLO ddtru@att.net  
CERTIFIED MASSAGE THERAPIST

510 301-0045



Dominic J McKenna, AAMS®  
Financial Advisor

887 Island Drive Suite E  
Alameda, CA 94502  
510-749-9290

www.edwardjones.com Member SIPC

Edward Jones  
MAKING SENSE OF INVESTING

Bay Area Rainbow Team

at Keller Williams Realty

We are proud to support and salute the  
Lavender Seniors of the East Bay

TAYLOR SUBLETT ROB MILLS

Real Estate Brokers / Rainbow Team Partners

510.301.9569 415.990.7565 925.323.8985

Info@BayAreaRainbowTeam.com

Experience and Knowledge

... put to work for you and those you care about .....

- > Wills and Probate
- > Living Trusts
- > Irrevocable Trusts
- > Selling the Longtime Home

Additional expertise with:

- > Coordinating Simultaneous Sell and Purchase
- > Downsizing / Going Smaller
- > Short Sale Consultations
- > Pre-Foreclosures and REOs / Bank Owned

Serving our Diverse Clients with Offices in Oakland, Berkeley, Walnut Creek, Fremont, Pleasanton, Livermore, Danville, Castro Valley, Antioch, Brentwood and The City of San Francisco

AB 2114-Elder Economic Dignity Act of 2010

This bill has been introduced by Assemblyman Beall and is intended to supersede the old Federal Poverty Level established in the 1960s and is now quite out of date in terms of establishing levels of income for seniors in areas such as food, medical care and transportation.

The bill passed last year but was vetoed by the Governor which said it was unnecessary. The new legislation would require all of California's 33 agencies that deal with senior citizens to use the new index. No new funds would be needed. The Elder Index would be kept up to date by university economists at UCLA. The new index would track data for each of the 58 California counties. As Mayor Bloomberg in New York City so powerfully expresses it, "If you can't measure it, you can't manage it." We must all urge our assembly and senate representatives to co-sponsor this bill

.-Frank Howell, Senior Leadership Group

SENIORS  
Real Estate  
Specialist



Each KW Office is Independently Owned & Operated / CA Brokers Lic #s 01776075 & 01315322

# Schedule of Events

# June 2010

**June 3<sup>rd</sup> and 17<sup>th</sup> - 1:30PM to 3:30PM – Support Discussion Group for Aging Queer Women, (1<sup>st</sup> and 3<sup>rd</sup> Thurs.) -The Pacific Center, 2712 Telegraph Ave. (at Derby) Berkeley**

**June 4<sup>th</sup> - 2:00PM – 4:00PM - Lavender Women’s Book Group (1<sup>st</sup> Fri.) North Oakland Senior Center, 5714 MKJ Jr. Way, (58<sup>th</sup> St.) Oakland – Reading: “A Gift of Age”: Old Lesbian Life Stories”**

**June 7<sup>th</sup> -1:00 PM to 3:00PM–Coming Out Again Group-(1<sup>st</sup> Mon.) 1901 Hearst Ave. Berkeley, Library, Co-Sponsored by Lavender Seniors and North Berkeley Senior Center**

**June 8<sup>th</sup> - (2<sup>nd</sup> Tues.) PFLAG Meeting, 7:30PM, Holy Redeemer Lutheran 35660 Cedar Blvd., Newark**

**June 9<sup>th</sup> - 7:00 PM to 8:30PM – Lavender Seniors Board Meeting (Wed. before Potluck) 1395 Bancroft Ave, San Leandro**

**June 10<sup>th</sup> and 24<sup>th</sup> - 1:30PM to 3:30PM - Seniors Men’s Group. (2<sup>nd</sup> and 4<sup>th</sup> Thurs.), 2712 Telegraph Ave. Berkeley at the Pacific Center Co-Sponsor: Pacific Center 510-548-8283**

**June 12<sup>th</sup> – 12:00 PM to 2:00 PM –Lavender Seniors Potluck (2<sup>nd</sup> Sat.)1395 Bancroft Ave, San Leandro; Program: Elder Financial Network**

**June 18<sup>th</sup> - 12:30 to 2:30 PM – Lavender Seniors Lunch Bunch, (3<sup>rd</sup> Fri.) North Oakland Senior Center, 5714 MLK Jr. Way. (58<sup>th</sup> St.) Oakland. Sponsored by City of Oakland Aging and Adult Services. Program: National Senior Citizens Law Center-LGBT Aging Issues.**

**June 19<sup>th</sup> - Fellows of the East Bay (3<sup>rd</sup> Sat.) 1823 9<sup>th</sup> Street (at Hearst), Berkeley. Social Hour 5:30, Dinner 6:30.**

**June 25<sup>th</sup> - South County Lunch Bunch and Talk About (4<sup>th</sup> Fri.) 40086 Paseo Padre Pkwy, Fremont, Program: Pride celebration and story sharing with Lambda Youth and GSA. FREE LUNCH for LGBT Residents. Sponsor: City of Fremont, Human Services Dept. For more info, contact Ina Mae Murri 510-490-5425.**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 Womens Support	4 Womens Books	5
6	7 Coming Out	8 PFLAG Newark	9 Board Mtg	10 Senior Mens	11	12 Pot-Luck
13	14	15	16	17 Womens Support	18 Lunch Bunch	19 Fellows
20	21	22	23	24 Senior Mens	25 South County	26
27 Pride Parade	28	29	30			

## ADVERTISING RATES\* FOR LAVENDER NOTES

Ad Size	1 month	3 months	6 months	1 year
Classified Ad	\$2 per line (per month) on a 3-column page			
Business Card	\$30	\$75	\$140	\$250
Quarter Page	\$50	\$125	\$225	\$400
Half Page	\$90	\$220	\$400	\$750
Full Page	\$200	\$450	\$800	\$1400

\* Individuals and non-profit organizations who have made an annual contribution of \$25 or more are entitled to discounts of 40% on classified ads and 20% on ads of other sizes. Lavender Seniors reserves the right to accept or reject any ad submitted.

\* A one-page insert to Lavender Notes for one month may be purchased for the fee of: Non-Profits, \$250; For-Profits, \$500; ½ half page inserts are the same amount. Must be received by 10<sup>th</sup> of preceding month.