



Lavender Notes

Improving the lives of LGBTQ older adults through community building, education, and advocacy.

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March 2019 - Volume 26 Issue 3



James Robert Aguilar

The youngest person ever featured (so far) in our "Stories of Our Lives" column deserves many kudos for accomplishing as much in the first 18 years of his life as some of us accomplished in the first few decades of our lives! And – as a "Post-Millennial" * – being totally "out" besides!

Born in Berkeley on November 24, 1999 (barely made it in the 20th century), James Aguilar, now 19, is the youngest of three children, having a "30-something" brother and a "20-something" sister. His father advanced from journeyman clerk to night-crew manager at Andronico's. His mother worked at Safeway and then Bank of America, until she began having serious health issues and is currently applying for disability status.

*The "Named" Generations of 20th-21st Centuries

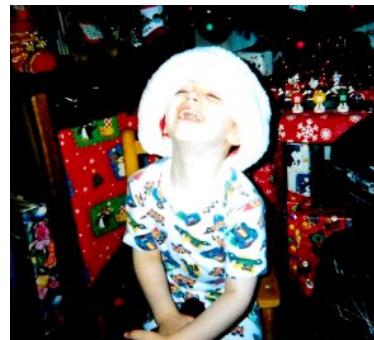
- The Silent Generation: Born 1928-1945 (74-91 years old)
- Baby Boomers: Born 1946-1964 (55-73 years old)
- Generation X: Born 1965-1980 (39-54 years old)
- Millennials: Born 1981-1996 (23-38 years old)
- Post-Millennials: Born 1997-Present (0-22 years old)

Until the middle of his 7th grade year, James and his family lived in Oakland. They moved to South County, where he graduated from San Lorenzo High School in the class of 2018. He was aware at an early age of his attraction for boys.

"It was late elementary and early middle school when I began to notice," James recalls, "that my interest had clearly shifted to boys over girls, though I have always continued to have many female friends. I was taunted a bit – called 'gay' and such – but my parents have always been completely supportive of me."



It's baby's first Christmas...



...and baby's third Christmas



4th up the stairs with classmates

"It was a couple years ago – at Associated Student Body Leadership Camp – that I actually 'came out' semi-publicly," James recalls. "We were at a round table – student leaders, teacher and consultants – and this 16-year-old lets it be known that he's gay. Several people – including my favorite teacher, Mrs. Wurm – a powerful figure in my life – said things like 'no s**t, we all already knew that!' and 'glad you finally acknowledged it!' So, though nobody really knew for sure before that meeting, it was a fairly painless coming-out process for me, both at school and at home."

Prior to his sophomore year in high school, he was largely focused on music.

"From 4th grade, I played the cello and my world was centered around music," James recalls. "But then without even really noticing, my world started shifting almost entirely to student politics and leadership, rebuilding a new community like music had done for me earlier."



James (upper right) with parents, siblings, nephews and nieces



Sporting San Lorenzo Spirit Gear

James did not date or socialize much in high school.

"I never really had a social life with kids my own age," James says. "I usually became friends with adults, like counselors and teachers. Beginning when I was a freshman, however, my best friend was Nasayatana – we helped each other through the typical teen angst, experimenting with various ways of

honing our social skills."

James' parents seem to be quite proud of him, as are his two siblings.

"Mom sometimes gets emotional and cries; Dad just says things like 'I'm proud of you, son!' on his way in and out of work," James recounts. "I am the first in my immediate family – and only second to my maternal grandmother, who went to college before me. She's been such a model – a woman with a successful career, working on a tool to track medical management! She has taken me places to discover things – Seattle and Vancouver, for instance – making sure I have plenty of meaningful experiences and stay open to new experience. She has been my rock!"

Though his Mom wanted him to be baptized as a Catholic, James has dabbled in several beliefs and acknowledges that he has great respect for the role of religion in helping build community in the world.

"I don't think I've ever had a solid religious belief," James says, "though I'm clearly open to any empirical evidence I might hear along the way. Religion has done great things for people, but other than a brief involvement with my uncle's church in Oakland, I've never been drawn to any particular religion. I know that it does great things for some people. Like Socrates, however, I'm more inclined to think we'll never know all the answers as human beings. I can say this definitively: I am **not** affected by the religious right and their lame arguments!"

James became student body president and, subsequently, student board member on the San Lorenzo School Board.

"What surprised me is that I was acting like and being accepted as not just a student board member, but a 'real-life' board member," James recalls. "I was appointed to the LGBTQ district-wide support team, which has been important to me. During the board reorganization in 2017, we got to choose our committees – one of my focus areas became junior high, the 7th and 8th grades."

James is particularly interested in supporting Gay-Straight Alliances (GSAs) in local schools.

"I want to encourage the formation and maintenance of GSAs at every level," James says, "since – like me – there are kids in elementary or middle school who might need support in order to develop with the high self-esteem we all need to prosper in this life. Also, encouraging student engagement is very important to me, so that everyone's voice can be heard."

Even before he enrolled last fall as a Political Science major at San Francisco State University – minoring in Secondary Education – James had decided to run for an open seat on the San Leandro School Board.

"Since I was an 18-year-old with minimal resources, running unopposed, I didn't mount a typical campaign – with door-knocking in neighborhoods, phone-banks and such," James recalls. "But I did seek support from 'Run for Something' – a post-Trump group created in 2016 to encourage millennials running for office. And I sought a number of endorsements, getting them

from both the East Bay Stonewall Democratic Club and the LGBT Victory Fund. When I was being interviewed for another endorsement, I got the extremely ‘age-ist’ question of whether I intended to send out inappropriate messages on social media! Which speaks to the need for voices of youth to be heard to get rid of that kind of stereotype about us.”

In fact, James is liaising with Lavender Seniors of the East Bay to encourage inter-generational projects so that each of the previously-mentioned generations (see list above) can learn from each other. His role as a newly-elected school board member should help facilitate that interaction.

“As far as I know, I am the second youngest School Board member elected. Ashley Vo was the youngest, with another man being elected years before,” James says. “In this election cycle there were other teenagers running, but I was the only one who actually got elected.”



James with current and former Board colleagues and staff

So what are this young college student and school-board member’s plans for the future?

“Well, I’ll need to finish four years of college, along with a four-year term on the school board,” James begins. “I plan to open myself up socially, do more creative writing, dive into more political data, maybe eventually be a civics teacher or school principal – and will definitely run for political office. One day you might hear about Congressman or Senator Aguilar – or, who knows, how does President Aguilar sound?”

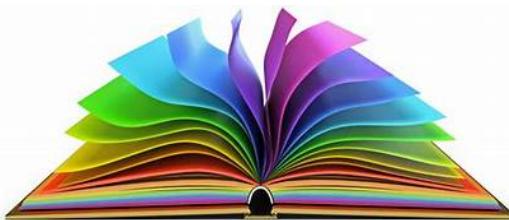
Yes, who knows, we haven’t had a Latino or LGBTQ president yet and the sky’s the limit when you’ve already been elected to office at age 18! But what about his personal life?”

“For starters, I don’t know if I’ll ever have kids,” James begins, “but I do envision one day having a two-story house in the suburbs somewhere, with a nice kitchen and a nice yard. Whatever I’m doing professionally – or politically – I’d like to think of myself living a happy middle-class life. I love Seattle and San Francisco, but would also love to immerse myself in Washington, DC, and its history, as well as seeing more of Europe.”



James was sworn in at San Leandro City Hall on the 11th of December by his long-time mentor and friend, Mrs. Wurm, one of the first people he came out to at that round table nearly 3 years ago. We expect to hear a lot more from and about this young “post-millennial” who we’re fortunate enough to have as an out member of the LGBTQ community! In fact, he has recently started as an Operations Intern for State Senator Nancy Skinner.

Congratulations on everything, James! If the next 19 years are anything like the first 19, there’ll be no limit to what you might accomplish! From those of us who have 50-60 years on you, don’t forget to stop and enjoy a sunrise or smell a gardenia, as well!



BOOK REVIEW

How to Write an Autobiographical Novel: Essays By Alexander Chee

Chee is an Associate Professor of English at Dartmouth College and is the author of the novel "The Queen of the Night" and "Edinburgh". He is the critic at large for the Los Angeles Times. His partner, Peter David Kelloran died in 1994 at the age of 33.

Chee paints a vivid portrait of Peter's death. Many friends were at his bedside.

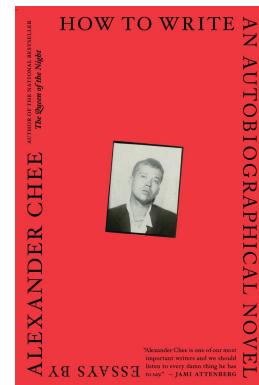
He met Peter at "A Different Light" a gay bookstore in San Francisco that many folks used as a reference library for data on how to combat AIDS.

During his teen years "Peter would go out of the house through his window and go out all night. He started doing it as a child."

Peter worked as a bartender at the Paradise Lounge in San Francisco.

Chee delivers a compelling, inside view of protest politics at its best.

- Frank J. Howell



CONNECTIONS



Have you moved out of the area, do you want to get in contact with other Lavender Seniors near you or someone you have lost contact with? [Email us](#) and we will try to help out. No information will be shared without your specific permission.

LAVENDER SENIORS FRIENDLY VISITOR PROGRAM HAS VOLUNTEER OPPORTUNITIES AVAILABLE.

Volunteers with the Lavender Seniors Friendly Visitor program are background checked, interviewed and trained, after which they are matched with a senior to visit regularly, usually for a couple hours each week. Visitors can share stories, chat about mutual interests and current events, and if both are willing and able, volunteers can take their seniors out for a walk in the park, a bite to eat, a cup of coffee, shopping or maybe a movie or a trip to the museum.

We ask volunteers to make a commitment of at least six months.

If you are in need of a Friendly Visitor, we can help with that too!

Please contact us at karen@lavenderseniors.org or (510) 424-7240 and we will be in touch with you soon. Thank You!



Second Saturday Rainbow Lunch March 9, Noon-2:00 pm

All Saints Episcopal Church
911 Dowling Blvd, San Leandro

Program: CENSUS 2020

Come listen to why the Census 2020 is so important to complete for our LGBTQ community and our seniors in particular. Alessia Simmonds, Outreach Manager of the Alameda County Complete Count Committee will be speaking on the Census 2020 event coming in April 2020.

Many people have questions about the Census which is mandated by law to be taken. Ask your questions and get answers from the people who are in the know.

Find out about opportunities to work for the Census.

A catered buffet luncheon will begin at noon, followed by announcements and the program at approximately 1:00. Feel free to bring a potluck dish to share if you wish.

For more on the LGBTQ-related issues in the 2020 census, please check out the story in the February issue of [Lavender Notes](#).



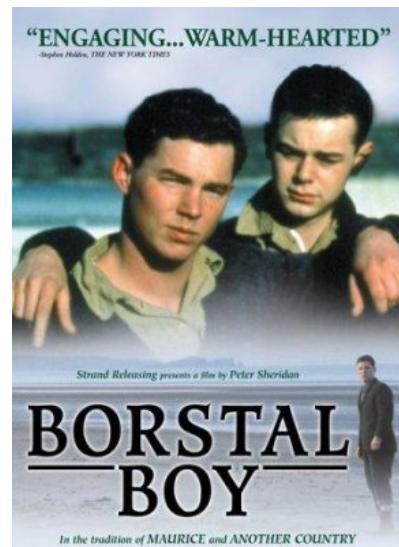
Borstal Boy

This Irish film – based on the autobiographical book of the same name by Brendan Behan, a gay Irish activist – tells the true story of two young political activists who wind up imprisoned as “Borstal Boys” in World War II England. Brendan – dedicated to the Irish Republican Army cause – is caught by the Brits assembling explosives while on a bombing mission from Ireland to Liverpool. He is then tried as a terrorist and sent to borstal, a reform prison for young offenders. Locked in close quarters with young men he perceives to be the enemy, Brendan has to face the fact that he’s falling in love with Charlie, a young sailor suspected of being gay.

To complicate everything for Brendan and Charlie, Borstal’s liberal warden (played convincingly by British actor, Michael York) has a teenage daughter, Liz (Eva Birthistle), who arrives at the prison to spend a school break with her father. The teen trio takes on a renovation project, which becomes quite complicated when it seems clear that there are mutual attractions in several different directions. Since Liz is the only female in an all-male prison – and Charlie is the only suspected “poofter” – there are potential disasters lurking around every corner.



Warden Joyce (Michael York) and his daughter, Liz



Three Borstal boys, Jock (l), Charlie (c) & Brendan (r)

Needless to say, young Brendan – who refuses to denounce his IRA affiliation – discovers love, friendship and tragedy during his time as a Borstal Boy. His confrontations there reveal a deep inner conflict, forcing a self-examination that is both traumatic and revealing. Events take an unexpected turn and Brendan is thrown into a complete spin. In the emotional vortex, he finally

faces up to his truth.



Brendan and Charlie steal a few kisses.

The film will be shown at 1pm on the Third Wednesday, 20th March, in the fully-accessible Carnegie Lecture Hall at the San Leandro Public Library, 300 Estudillo. Following the showing, there will be a brief evaluation and discussion of the film.

The library has made a laptop-driven projector and quality speakers available again for this month's showing. We are encouraging the San Leandro City Council – including Lavender Seniors President Victor Aguilar, Jr., as a newly-elected Councilman – to authorize replacing the Lecture Hall's no-longer-functioning projection system as soon as possible, so we can soon, hopefully, resume the problem-free theater-type experience of LGBTQ-themed films we've enjoyed there for nearly four years.

[Editor's Note: We encourage participants - particularly San Leandro residents - to send an e-mail to Victor Aguilar, San Leandro City Council - VAguilar@sanleandro.org - expressing disappointment that this vital resource - the Carnegie Lecture Hall at the San Leandro Public Library - no longer has a functioning projection system, which affects our quality of life as aging seniors who have come to count on this resource.]

Attendees are reminded that the theater is frequently chilly, so that a sweater or light jacket is recommended. Library staff report that temperature is controlled automatically and cannot be altered for any one room in the facility.

The library can be reached via BART (five blocks above the San Leandro station), AC-Transit (two blocks above the E. 14th and Estudillo bus-stop), Bancroft Avenue, Highways 580 or 880. Ample two- and three-hour parking is available.

LAVENDER SENIORS
of the East Bay

Join The

LUNCH BUNCH



Why is “Organic” a Good Idea for Seniors?

Most grocery stores now have an “organic” section, sometimes featuring green plastic bags and ties, but also generally creating a significantly higher bottom

line at the end of the cashier's receipt. Is it all just a hype? Are the benefits really worth the difference in cost? How do we know that something "certified" as organic is actually free of pesticides, GMOs and all the rest of those potentially carcinogenic, teratogenic and otherwise dangerous features that can be traced to our food supply?

Seniors, generally living on a limited income – and also vulnerable to the vagaries of aging, ranging from cataracts and presbyopia (aging eyes) to diabetes, hypertension, various cardio-pulmonary conditions and cancers – have to be very frugal about what they eat, as well as how they spend their money.

To help us navigate those tricky, yet vital, decisions, Lavender Seniors has engaged Brian Ellis, an organics expert who has both personal and professional experience with this "eating healthier" concept. Brian is Community Liaison for Oakland-based Golden Gate Organics.

"I'm a cancer survivor who might not be around today if it weren't for switching to organic produce," Brian says. "I believe eating local organic produce played a significant role in creating my new healthier lifestyle. At Golden Gate Organics, we pride ourselves on working with seniors, couples, families and corporate clients in customizing organic wellness solutions tailored to specific health and wellness needs."



Brian has been making presentations like this one, meeting new people and educating them to the short- and long-term health and wellness benefits of eating seasonally local organic produce that he himself has experienced. Though he is not coming to make a pitch for customers to receive regular deliveries of organic produce specifically through the company he represents, he will be sharing various ways that seniors with limited mobility and/or limited income can have access at a reasonable cost.

As usual, buffet-style lunch will be served promptly at 12 noon (vegetarian options available), followed by a brief break for community announcements around 12:45. Then the program will be turned over to Brian, followed by adequate time for Q&A. Brian will be willing to stay awhile after the session to help answer any personal questions participants might have.

The North Oakland Senior Center is located at 5714 MLK Jr Way (corner of 58th Street). Ample parking and entrance are at the rear of the building off of 58th Street.

PRIDE!

Pride is in the Air...let us know about your celebrations!

Sonoma County, May 31-June 2, Old Court House Square, Santa Rosa

Concord, June 1 12-6pm, Todos Santos Plaza, Concord

Richmond, June 2 10am, Marina Way Park in Richmond

Sacramento, June 8 & 9, 11am–5pm at Capitol Park

Emeryville Senior Center, June 14
San Francisco, June 29-30
Castro Valley, July 13, 12:00-5:00pm at Castro Valley High School.
Silicon Valley, August 24, Plaza de César Chávez Park, 1 Paseo De San Antonio, San Jose, CA
Oakland, September 8, PARADE kicks off 11:00am at Broadway & 14th St., FESTIVAL 11:00am-7:00pm.



26th – 28th July 2019

Lavender Seniors to Re-Visit Ashland, Oregon

Fourteen intrepid Lavender Seniors ventured up to Ashland, Oregon, the first week in October 2018 to witness the first-ever production of an LGBTQ “Oklahoma!” at the Oregon Shakespeare Festival (OSF). This delightful production was the brain-child of openly-gay Artistic Director, Bill Rauch, who moves on in August to become the first Artistic Director of the Perelman Center for the Performing Arts at the World Trade Center in New York.

Prior to Bill’s departure later this year, Lavender Seniors is sponsoring another trip north to see the last OSF production he is directing there, plus the last production being directed by his husband of 30+ years, Christopher Liam Moore, who is directing the cult classic, “Hairspray.” And finally, we will be seeing “How to Catch Creation,” which chronicles 40 years in the life of a black lesbian feminist writer.

The only way to catch both the **opening weekend** of “...Creation” and Bill and Chris’s directorial swan-songs is the last weekend in July, as follows:

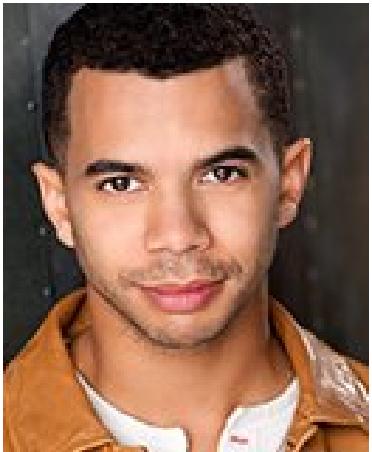
- **Friday evening, 26th July, 8pm, Thomas Theater, Preview of "How To Catch Creation"** (very few seats left - opening night on Saturday, 27th, is totally **sold out**):
 - **How to Catch Creation**
 - By Christina Anderson
 - Directed by Nataki Garrett
 - July 23 – October 26
 - Opens July 27
 - **West Coast Premiere**
 - #HowToCatchCreationOSF

Spanning more than 40 years, this is a story of love, longing, having your heart broken, and of simply existing. Playwright Christina Anderson, winner of the Lorraine Hansberry Award, explores the universal act of creation—of life, of family, of art—through the experiences of a black, queer, feminist writer whose life is changed in the 1960s when her girlfriend tells her some unexpected news. Decades later, the implications of that moment still echo in the lives of four individuals. Helmed by first-time OSF director Nataki Garrett, *How to Catch*

Creation is a poetic and nuanced examination of family, connection, parenthood and the right to start over.



Tami



Stokes



Natalie

- Saturday afternoon, 27th July, 1:30pm, Bowmer Theater, "Mother Road" (last production directed by Bill Rauch before heading east)
 - *Mother Road*

By Octavio Solis

Directed by Bill Rauch

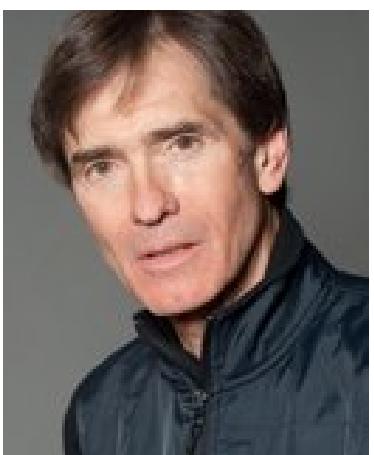
March 3 – October 26

Opens March 10

World Premiere

#MotherRoadOSF

Inspired by John Steinbeck's *The Grapes of Wrath*, this world-premiere drama by Southern Oregon-based playwright Octavio Solis (*El Paso Blue*, *Gibraltar*, *Quixote*) finds hardworking and hard-living William Joad with no blood kin to inherit the family farm. No one, that is, until he finds an unexpected relation: Martín Jodes—a young Mexican-American man descended from Steinbeck's protagonist Tom Joad. Directed by Bill Rauch in his **last season as artistic director**, this powerful story about land, family and survival inventively reverses the Joads' mythic journey from California back to Oklahoma.



William Joad



Ivy



Martin Jodes

- Sunday evening, 28th July, 8pm, Bowmer Theater, "Hairspray" (last production directed by Bill's husband, Christopher Liam Moore, before their departure for NY):
 - *Hairspray, The Broadway Musical*

Book by Mark O'Donnell and Thomas Meehan

Music by Marc Shaiman

Lyrics by Scott Wittman and Marc Shaiman

Based on the New Line Cinema film written and directed by John Waters

Directed by Christopher Liam Moore

March 2 – October 27

Opens March 9

#HairsprayOSF

It's 1962, and Baltimore teenager Tracy Turnblad lives in a world that tells her plus-sized gals shouldn't be dancing on television and that racial segregation is here to stay. When she wins a spot on *The Corny Collins Show*, Tracy becomes a star and teams up with her friends Penny, Seaweed, Motormouth Maybelle and hunky Link Larkin to use her newfound fame to challenge the status quo. Director Christopher Liam Moore (*The Book of Will, Shakespeare in Love*) honors John Waters' original subversive vision for the story in a wildly joyful production that celebrates radical inclusion at its heart.



Tracy Turnblad



Corny Collins

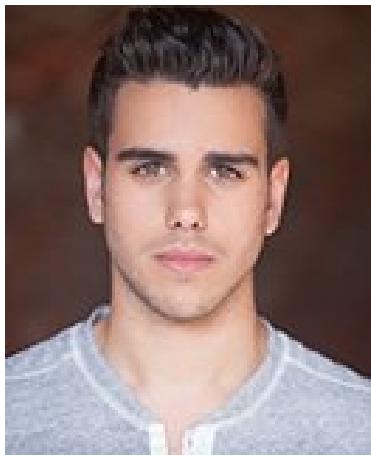


Penny Pingleton

One of the many features of "Hairspray" as an LGBTQ cult classic is that Tracy's Mom, Edna Turnblad, is always played by a man in drag (e.g., Divine, John Travolta and Harvey Fierstein have played Edna in previous film and Broadway versions of the play).



Edna Turnblad



Link Larkin



Seaweed J. Stubbs

Also, the play has received accolades for its early dealing openly with racial discrimination (not just in Baltimore), as well as size-ism, homophobia, transphobia and anti-semitism.

For those who want to see something written by William Shakespeare himself,

there is the additional option of seeing:

- Sunday afternoon, 1:30pm, Bowmer Theater, "As You Like It"
 - *As You Like It*
 - By William Shakespeare
 - Directed by Rosa Joshi

March 1 – October 27

Opens March 8

#AsYouLikeItOSF

Director Rosa Joshi (who helmed 2018's widely praised *Henry V*) delves into the search for true love in a wondrous world of wit, transformation, and imagination. Exiled from the controlling confines of the court, Duke Senior and her daughter Rosalind seek refuge — and find much more — in the unconstrained Forest of Arden. Also fleeing danger at home, Orlando encounters a young man named Ganymede (aka Rosalind in drag) and seeks help in love — unaware that Ganymede is actually his heart's desire, Rosalind, in disguise. "All the world's a stage" and all society's rules of conformity are off in this exuberant theatrical journey into one of Shakespeare's most beloved comedies.



Rosalind (in drag as Ganymede) and Orlando "getting to know each other"

Lavender Seniors has reserved 25 seats for the first three and 10 seats for the Shakespeare. After negotiating on behalf of LGBTQ seniors, the group sales people have been authorized to sell the normally-\$75 group/senior seats (high season in the summer) for \$35 each instead. Anyone interested in joining the group should e-mail JohnDavid@LavenderSeniors.org or leave a message for him at (510) 736-LGBT and be prepared to write a check for the tickets by May 15th, by which time we need to let OSF know whether we need more or fewer tickets/seats.

We will be negotiating group accommodation rates at hotels within walking distance of the theater complex by early March, once John David returns to his Central American home from a trip with relatives visiting Costa Rica. Details will be available to anyone who indicates an interest. Meanwhile, anyone with connections or ideas for affordable LGBTQ-friendly accommodations in Ashland, please let us know – or go ahead and pursue those connections on your own.

Though car-pooling is encouraged, Lavender Seniors will not be arranging for group transportation, though there is a possibility that might happen next year. There are (expensive) flights available from SFO to Medford, OR, which is about 11 miles north of Ashland.

On one final note, Bill Rauch has informed Lavender Seniors that he can arrange ONE special video showing of last year's cutting-edge LGBTQ "Oklahoma!" while we are there that weekend (for those who haven't seen it – or for those who would like to see it again). Anyone interested in taking

advantage of that opportunity should also let it be known in their e-mail or voice-mail message indicating interest in going along, so that we can let Bill know if Lavender Seniors would like to have such a private small-theater showing. FYI: Actors' Equity Association currently prohibits the video from being shown in any other venue.

Well Connected

Enriching lives and supporting well-being.

(FORMERLY SENIOR CENTER WITHOUT WALLS)

Community Phone Calls

This award-winning program offers activities, education, support groups, and friendly conversation over the phone or online.

Just a few of the things offered:

LGBTQ Chat 2nd and 4th Mondays, 1:00pm - 2:00pm

This group is open to all LGBTQ older adults to connect with others socially in a supportive environment where participants can share individual and collective experiences. Facilitated by Ariel Mellinger, ASW, Support and Wellness Coordinator, Openhouse SF

Music's Memory Lane Tuesdays, 6:00pm – 6:30pm

Each week we'll discuss a hit song, vintage television variety show, or a memorable musician in music history. From Big Band music to the Beatles, we'll dive into our recollections of concerts, lyricists, and pop culture. Facilitated by Steve Maraccini

Perplexing Questions Sundays, 2:00pm – 2:30pm

Have you ever wondered how a fly can walk upside down on the ceiling? Or how a camel can go so long without water? Find out the answers to some head-scratching questions. Facilitated by Sharon Schwartz

View the Current catalog of community phone calls [here](#). Check the [website](#) for more information. To participate in these or other Well Connected telephone activities, or to learn more about their programs, call 877-797-7299 or email coviaconnections@covia.org.



LGBT Online Support Group for Caregivers

If you are lesbian, gay, bisexual, or transgender and caring for someone with ongoing health problems...[you are not alone!](#)

Family Caregiver Alliance's online LGBT Caring Community Support Group connects you with others facing the day-to-day challenges of caregiving. If you're assisting someone with Alzheimer's, stroke, Parkinson's, traumatic brain injury, or other chronic health problems, you can get support from the convenience of your home.

Share experiences, resources, and ideas in a supportive, caring environment. Available 24 hours a day, all you need is e-mail, and it's free!

Visit [LGBT Caring Community Online Support Group](#).



THIS MONTH'S EVENTS

Out Standing Seniors - Sponsored by Pacific Center

March 5 & 19 12:30 - 2:00 p.m. (1st and 3rd Tuesdays)

Hayward Senior Center, 22325 N. Third Street, Hayward

[Join Meet-Up](#)

A safe and confidential space for LGBTQ seniors 50+ to share thoughts, feelings, resources, information, and support. FREE, though donations are welcome.

Queerly Aging Lesbians

March 7 & 21, 1:30 p.m. (1st and 3rd Thursdays)

The Pacific Center, 2712 Telegraph Avenue (at Derby), Berkeley

Find support and like-minded wonderful people!

Older & Out Therapy Group - Berkeley - Sponsored by Pacific Center

March 1, 8, 15, 22, 29 3:15 p.m. (Fridays)

North Berkeley Senior Center, 901 Hearst Ave, Berkeley

Free drop-in therapy group for LGBTQ community members age 60+

Older & Out Therapy Group - Oakland - Sponsored by Pacific Center

March 1, 8, 15, 22, 29 2:15 p.m. (Fridays)

Oakland LGBTQ Community Center, 3207 Lakeshore Ave., Oakland

Free drop-in therapy group for LGBTQ community members age 60+

Older & Out Therapy Group - Hayward - Sponsored by Pacific Center

March 4, 11, 18, 25 1:15 p.m. (Mondays)

Hayward Senior Center, 22325 N. Third Street, Hayward

Free drop-in therapy group for LGBTQ community members age 60+

Rainbow Seniors - Sponsored by Pacific Center & Lavender Seniors

March 12 & 26, 12:30 - 2:00 p.m. (2nd & 4th Tuesdays)

San Leandro Senior Center, 13909 E 14th St, San Leandro

A safe and confidential space for LGBTQ seniors 50+ to share thoughts, feelings, resources, information, and support. FREE, though donations are welcome.

Living OUT in Livermore - Sponsored by Pacific Center

March 12, 2:00 - 3:30 p.m. (2nd Tuesdays)

Robert Livermore Community Center Senior Services, 4444 East Avenue, Livermore 94550 [Join Meet-Up](#)

A safe and confidential space for LGBTQ seniors 50+ to share thoughts, feelings, resources, information, and support. FREE, though donations are welcome.

Lavender Seniors Board Meeting

March 13, 6:30 - 8:30 p.m. (2nd Wednesday)

4300 Bermuda, Oakland

A portion of this meeting is open to the public.

Senior Gay Men's Group

March 14 & 28, 1:30 p.m. (2nd and 4th Thursdays)

The Pacific Center, 2712 Telegraph Avenue, Berkeley

Co-sponsor: The Pacific Center, 510-548-8283

*Feel alone? Need to find space to be yourself and chat with others?
Join us!*

Lavender Seniors Second Saturday Rainbow Lunch

March 9, noon - 2:00 p.m.

All Saints Episcopal Church, 911 Dowling Blvd., San Leandro

This month's program: "Census 2020" (see info above)

Lavender Seniors LGBTQ Film Series

March 20, 1:00 - 3:00 p.m. (3rd Wednesday)

San Leandro Library, 300 Estudillo, San Leandro

This month's movie: "Borstal Boy" (see info above)

Island Pride Peer Support Group - Sponsored by Pacific Center

March 13 & 27, 1:30 - 3:30 p.m. (2nd & 4th Wednesday)

Mastick Senior Center, 1155 Santa Clara Ave, Alameda

A Peer Support Group is a safe & confidential space for LGBT Seniors 50+ to share thoughts, feelings, resources, information & to support one another.

Tri-Valley Rainbows - Sponsored by Pacific Center

March 21, 5:30 - 7:00 p.m. (3rd Thursday)

City of Dublin Senior Center, 7600 Amador Valley Blvd., Dublin 94568

[Join Meet-up](#)

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Oakland Third Friday Lunch Bunch

Sponsored by City of Oakland Aging/Adult Services & Lavender Seniors of the East Bay

March 15, 12:00 - 2:00 p.m.

Lavender Seniors of the East Bay Board of Directors

President: Victor Aguilar Jr

Vice President: Gwendolyn M. Boozé

Treasurer: Carmen Chiong

Secretary: John David Dupree

Founding Member: Barbara Jue

Lavender Seniors of the East Bay

Message: 510-736-LGBT (510-736-5428)

Friendly Visitor Program: (510) 424-7240 or
karen@lavenderseniors.org

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**newsletter editorial
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Beckie Underwood
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Barbara Jue

Contact Us

