



Lavender Notes

*Improving the lives of LGBT older adults
through community building, education, and advocacy.*

August 2017

Celebrating 22+ years of service and positive change

Volume 24, Issue 8

Stories of Our Lives

Gabriel Delgado

Former Lavender Seniors board member, Gabriel Delgado, was born in 1943, the 12th child of a working-class Latino family in San Bernardino, California. His father worked with the Santa Fe Railroad and his mother had plenty to take care of as a homemaker. Gabriel, his six brothers and five sisters were all raised as devout Catholics (e.g., Gabriel was confirmed, an altar boy, an acolyte and a sacristan) at a time when there were strong anti-gay feelings in the church.

"In many ways, I had to create my own childhood, beginning to have sex with other boys at age 11 or 12," Gabriel recalls. "In our community, it was common to hear pejorative terms like 'maricón', fairy or queer when referring to any boy who was at all 'different'. I had a group of male friends, however, who - for some reason or another - protected me from bullying, which happened to so many who were less fortunate than me."

Gabriel graduated from San Bernardino High School at age 18. After he registered for the draft, he visited a military recruitment station near his home and was told - perhaps because of his delicate demeanor - that he would not be drafted (though the draft wasn't ended for another 12 years). He was never, however, given a 4-F draft rating, commonly given to homosexuals at the time.



Gabriel on his 22nd Birthday

Gabriel tried dating girls off and on before, during and after high school.

"Kissing a girl was something that just never turned me on in any way," Gabriel recalls. "But when neighbor boys approached me, I discovered that sex was a beautiful thing that I wanted more of all the time. My cousin loaned me his ID card when I was 19 years old and I started hitting the bars in San Francisco. Unfortunately, there were still a lot of police raids against gay bars at the time, so we had to do a lot of running and hiding to keep from getting into trouble."

Since he wanted to be closer to the "gay life" of San Francisco, he decided to go to hairdressing college in Salinas and found a place to live in nearby San Juan Bautista. It was in that context that he participated in 4-5 marches with César Chávez, who was fighting for

the rights of farm workers who were being mistreated, underpaid, subjected to "migra" raids and being routinely deported. He spent a couple of seasons working in the sugar-beet fields out of solidarity with 'los campesinos' from his own Latino culture.

Meanwhile, because he was young, attractive and gregarious, he became quite a commodity in various parts of San Francisco.

"I had offers from several wealthy men - perhaps looking for a 'boy toy' - to come and live with them or 'take care of their house' in posh parts of San Francisco," Gabriel explains. "I spent time in elegant Pacific Heights mansions - seeing how the other half lives - and at one point, the son of a shipping magnate desperately wanted me to move in with him. But, though I enjoyed experiencing the opulence, I was far too proud and independent for that."



Gabriel with a friend in Michigan



Gabriel with his friend, Fern, on the SF Bay

He also discovered some of the 'seamier' side of the gay scene, at one point, for instance, accidentally finding himself at Land's End, which he had no idea was a gay cruising place.

"I was just strolling around, looking at the ocean and the scrub pines in the area, when a good-looking middle-aged man approached me and asked if I would like a 'velvet job'," Gabriel recalls. "Since I had no idea what he was talking about, I shrugged my shoulders and said I didn't know what that meant. He proceeded to take his teeth out, put them in his pocket and demonstrate what a 'velvet job' was! It was amazing, something I experienced with him a few more times before I decided it was time to settle down."

Though he had been "in love" several times - even breaking down and crying with his closest sister, telling her that he was in love with a man in San Francisco - it was when he was 24 that he began his first serious relationship: with Ron, a TWA bursar he met standing in line for membership at the Covered Wagon, 11th and Folsom in San Francisco. They were together for nine years.



Gabriel at age 25, working at the Navy Exchange

One day, Ron came home from having experienced a serious gay-bashing. He said it was time for them to move to New York, where he already had a second living space to accommodate them and where the gay movement was beginning to take off. In 1968-69, the pair participated in a number of gay rights demonstrations at such locations as Stonewall and Keller's (black gay bar) on the waterfront. It soon became clear, however, that Gabriel and Ron had different outlooks on what they wanted out of life.

"He was perfectly content with what he had - a good job, a nice place to live, a couple of rentals for extra income," Gabriel recalled. "But I had a hunger for something more. Much of our time was grasping at relationship - lots of alcohol, occasional three-ways - but nothing could really salvage the distance between us. After one of those arguments, I told him I wouldn't be there the next time he came back from one of his trips. And I moved out with all of my things - something I've never regretted. I found a one-bedroom

place in the East Bay. At one point, Ron came to my workplace and finally said 'I love you,' the words I'd been waiting nine years to hear - but it was too late!"

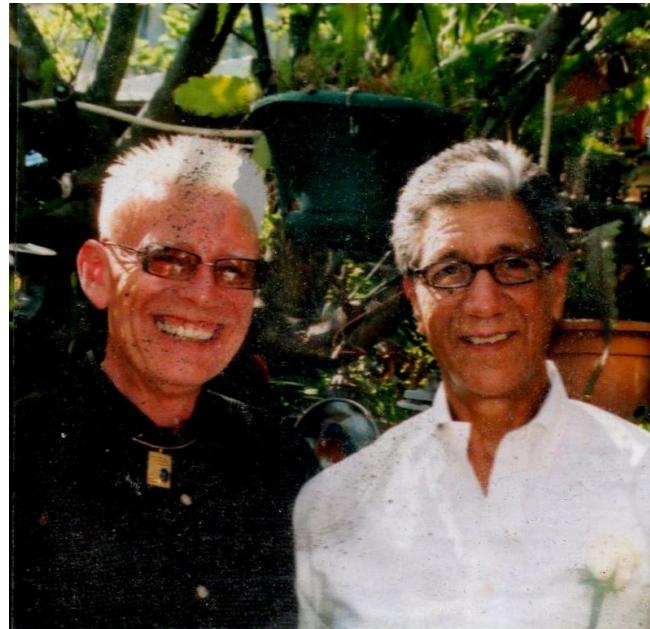
Ron subsequently died of AIDS in 1986, largely rejecting several of Gabriel's attempts at caregiving, perhaps because he thought Gabriel was looking for some sort of legacy.

Gabriel opened a flower shop in Alameda, eventually developing a half-dozen other satellite branches in the Bay area, plus worked at Navy Exchanges on Treasure Island and in Alameda.

After being "single" for nearly five years, in 1982, Gabriel had the good fortune of meeting his long-term partner, Robert - a Philadelphian - at the Bench and Bar in Oakland. They have just celebrated their 35th year together.



Gabriel on 20th anniversary thank-you card



Robert and Gabriel on their 20th anniversary together, 2002

"We've had more than three wonderful decades together," Gabriel reminisced. "We have great times with each other, but also have our own independent lives. I've been active with various charities that are important to me, like Lavender Seniors, the St. Vincent de Paul Lunch Program, the Fruitvale Senior Center, the Over-21 Special Needs Program, the Special Olympics, the Senior Leaders Alliance and, oddly enough, programs encouraging quilting as an art form!"

Speaking of quilts, one of Gabriel's fondest memories involves meeting a "scruffy-looking" young man with penetrating blue eyes while he was volunteering with St. Vincent de Paul's Lunch Program. Gabriel remembers having encouraged the young man to "put on a happy face," making a gesture with his fingers to his own face after he'd finished his lunch.

"Years later, I was at the DeYoung Museum to see an amazing quilt display and this handsome smartly-dressed gentleman - with penetrating blue eyes - tapped me on the shoulder, saying 'aren't you Gabriel?'" he recalls wistfully. "As it turns out, this was the 'scruffy' young man who said he had been inspired by my 'happy-face' gesture to return to Chicago, attend medical school and was now a practicing physician. He told me that - since I had helped him 'find his way' - he wanted to endow a medical scholarship in my name to help some other young men and women find their way! To know I've made a difference in even one person's life like that makes me very happy indeed!"

Things changed dramatically for Gabriel in 1991, however, when he tested positive for HIV and had several immediate health challenges.

"I had to completely change my way of living," Gabriel explains. "In the beginning, I had to take 25 pills a day, I spent thousands of dollars just trying to stay alive. Initially, I had two insurance policies helping me afford all of the meds. Unfortunately, one of the companies - I believe it was Prudential - cancelled me with no explanation. Now, however, I have incorporated healthy living into my daily routine. Yes, I continue to have complications like neuropathies that sometimes make getting around a challenge, but I continue to live every day to the fullest."



Gabriel at the East Oakland home he shares with Robert - and Robert's sister

There are only four of the twelve Delgado siblings left at this point. One of his brothers - who many years ago had burned some of Gabriel's letters and gay magazines - has remained close and has begun telling him that he loves his kid brother.

Having been raised a devout Catholic, what spirituality sustains him at this point in his life?

"If I were to call myself anything," he opines, "it would be a Buddhist, since I believe every person, every living thing and every moment of life is precious, not to be squandered!"

Another Lavender Seniors Founding Member Gone....

Ruth Michaels

We're very sad to inform you of the death of Ruth Michaels. She passed away late Friday night, July 21st, in the company of her three children Jerry, Ronnie and Sandra. She was 92 years old.

She was a long-time attendee of Lavender Seniors North Oakland Luncheons. She was a dedicated progressive Berkeley activist.

Please join us for a memorial service honoring her life at 2:00 p.m. this Wednesday, July 26th.

The funeral service will be held in the Home of Eternity's cemetery chapel at 5000 Piedmont Avenue, in Oakland. Signs will be posted to direct guests to the chapel and parking is available in front.

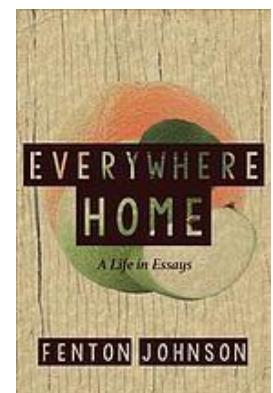
Book Review:

Everywhere Home: A Life in Essays

By Fenton Johnson

Johnson presents essays on gay rights from all angles. He is especially insightful on the 1978 Briggs Initiative and the AIDS epidemic. He points out that, "When your living is tied to sin, you tend toward a liberal view on the subject".

His childhood was no bed of roses. He was raised in a devout Catholic family surrounded by a



horde of fundamentalist Christians.

The AIDS crisis was keynoted by the New York Times. They refused to use the word gay in highlighting the new disease. Johnson was finally allowed to refer to his lover as "my partner".

Johnson spent several days at the Burning Man Festival and had a great time.

Johnson has covered much in sketching the great events of our time. Readers will also be swept up in these great experiences.

- Frank Howell



CONNECTIONS

Have you moved out of the area, do you want to get in contact with other Lavender Seniors near you or someone you have lost contact with? [Email us](#) and we will try to help out. No information will be shared without your specific permission.

LAVENDER SENIORS FRIENDLY VISITOR PROGRAM HAS VOLUNTEER OPPORTUNITIES AVAILABLE.

Volunteers with the Lavender Seniors Friendly Visitor program are background checked, interviewed and trained, after which they are matched with a senior to visit regularly, usually for a couple hours each week. Visitors can share stories, chat about mutual interests and current events, and if both are willing and able, volunteers can take their seniors out for a walk in the park, a bite to eat, a cup of coffee, shopping or maybe a movie or a trip to the museum.

We ask volunteers to make a commitment of at least six months.

If you are in need of a Friendly Visitor, we can help with too!

Please contact info@lavenderseniors.org and we will be in touch with you soon. Thank You!

Last Month's Third Friday Lunch Bunch

Mercer LGBT Group Serves Paella Again

The 40+ attendees at July's Third Friday Lunch Bunch had the pleasure of being served three different types of paella - prepared on-site by Alvaro, our Spanish chef. Photographer Sandy Morris was on hand to capture the process as delectable seafood and vegetarian paella was put together so beautifully in the kitchen of North Oakland Senior Center.



Alvaro and Hector in the Kitchen - Alvaro with both vegetarian and seafood options - Alvaro gets a standing ovation

This is the second consecutive year that Mercer Group's LGBTA (Lesbian Gay Bisexual Transgender and Allies) Resource Group has volunteered to come across the Bay with all the ingredients (and skills) to provide appetizers and the lavish main dishes for Lavender Seniors, as a token of their appreciation.

"We would not be where we are as LGBT in this country if it were not for the courageous actions and sacrifices - public and private - that you LGBT elders have made to pave the way for us," said Dr. Diego Ramirez, Global Health Leader for Mercer. "It's the least we can do to acknowledge all of the ways your generation has made it so much easier for us - not that we've completely achieved full equality even yet."



Paella in process - Paella ready to be served - Thank you, Mercer LGBTA Resource Group!

Though the group has been supporting companies and organizations - nationally and internationally - to adopt LGBT-friendly benefits packages in the workplace, one of their focus areas for 2017 has been helping to encourage coverage for the full range of gender affirmation procedures.

"It's important that every individual - no matter what her/his family structure - be able to get all aspects of their health care covered," according to LGBTA's Carla Franklin, who self-describes as an "ally" of the LGBT community. "My children have lesbian and gay friends who I support as strongly as I would anybody else. That includes providing hormone therapies, maternity and paternity leaves, etc., so that all of us feel part of the American - or should I say HUMAN - tapestry."



Diego Ramirez, Carla Franklin and Shannon Turner Leading the Post-Paella Discussion

During the Q&A discussion after lunch, Shannon Turner probed the attendees with questions about such things as the difference between "tolerance," "acceptance" and "respect".

"I don't think any of us wants to be simply tolerated," Shannon said. "As one of you pointed out, tolerance can be time-limited, gritting-your-teeth for a short uncomfortable period. What we need for achieving a society that provides equal opportunities for everybody is a place where each person has the respect of others, no matter what their sex, race, religion, nationality, sexual orientation, gender expression, disability or age, among other factors. That's what we are working for in the Mercer LGBTA Resource Group."

Thank you again, LGBTA Mercer members, including Nicole Nguyen and Thomas Seiter, who kindly supported with the logistics and coordination of this event! We hope to see you again NEXT year!



CARA Alert - July 17, 2017

A publication of the California Alliance for Retired Americans.

SHOW CONGRESS THAT CALIFORNIA SUPPORTS

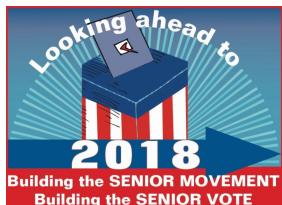
MEDICARE, MEDICAID AND SOCIAL SECURITY

Sign the Petition/Collect Signatures/ Come to a Party!

CARA continues to fight efforts to cut and privatize our country's most essential and popular social insurance programs - Medicare, Medicaid and Social Security! With the Senate working towards a bill to repeal the Affordable Care Act, as well as the upcoming budget negotiations that propose huge cuts to these programs, we must continue to let our elected officials know that we will not stand for these cuts. To add insult to injury, the Republican leadership is dusting off the Bowles/Simpson proposals to cut Social Security and privatize it (setting up individual retirement accounts instead), and suggesting huge cuts to the SSDI PROGRAM. Medicare/Medicaid and Social Security's 52nd and 82nd Anniversaries are in late July and early August. CARA is holding visibility events in key districts around the state - see list below - more events will be added soon. We are also circulating petitions to present to the CA Congressional Delegation. We need your help to do this. Please download the Medicare, Medicaid, Social Security Petition ([click here](#)) and start collecting signatures today or download the petition at www.californiaalliance.org, or call the office at 510-663-4086 to have a petition(s) sent to you.

| CITY / Congressperson | ADDRESS | DATE/TIME OF EVENT | CONTACT PERSON |
|--|--|--|--|
| NORTHERN CA | | | |
| Oakland/Bay Area (SF, Contra Costa, Marin, Alameda County) | Frank Ogawa Plaza 14 th and Broadway, Oakland | Monday, August 14th NOON | Michael Lyon 415-215-7575 |
| Redding: LaMalfa | Redding City Hall Community Room 777 Cypress | Friday, July 21 10:00am -press event and party | CARA 877-223-6107 (tollfree) |
| Roseville: McClintock (buses from Oakhurst, Mariposa, etc leaving at 8/8:30am) | Cong. McClintock's office 2200A Douglas St | Tuesday, July 25 12 noon (Oakhurst bus meets at 8am at Library; 8:30 in Mariposa) | CARA Must rsvp for bus 877-223-6107 (tollfree) |
| | | Monday, August | |

| | | | |
|--|---|---|--|
| San Jose | Frank Ogawa Plaza 14 th and Broadway, Oakland | 14th NOON Bus leaves South Bay Labor Council at 10am, 2102 Almaden, San Jose | Must rsvp for bus - Greg Miller at 408- 254-3311 |
| Santa Rosa | Plumber's Hall 3473 Santa Rosa Ave, Santa Rosa | Saturday, July 29th 2pm | CARA 877-223- 6107 (tollfree) |
| CENTRAL VALLEY | | | |
| Bakersfield: Valadao | Cong. Valadao's office 101 N. Irwin St., Hanford | Tuesday, August 1st 3:30pm | Bernice Bonillas 661-599- 2835 |
| Fresno, Visalia and Hanford Costa at 11am Nunes at 1:30am Valadao at 3:30pm | Ride the MEDI-CARA-VAN You can ride the bus to all 3 events. Meet at Machinists #653, 544 W. Olive St., Fresno at 10am for bus. Returns by 5:30pm OR you can meet us at each of these Congressmember's offices at stated time. | Tuesday, August 1 Costa at 11am 855 M St. Fresno Nunes at 1:30am 113 N. Church St, Visalia Valadao at 3:30pm 101 N. Irwin St., Hanford | Must rsvp for bus to Gene Roza at 559- 905-3521 OR Meet up at these locations |
| Modesto: Denham | Congressman Denham's 4701 Sisk Rd. Modesto | Tuesday, August 8 10am | Nan Brasmer 209-823- 3890 |
| SOUTHERN CA | | | |
| Huntington Beach: Rohrbacher | Orange and Main Sts. Huntington Beach | Tuesday, August 8th 10am | Vishnu 714-488- 5488 |
| San Diego/ Vista: Issa | 1800 Thibodo Rd, Vista | Tuesday, July 18th 10am | Vishnu 714-488- 5488 |



REGISTER FOR THE CARA 14TH ANNUALCONVENTION SEPTEMBER 26 & 27TH IN SACRAMENTO (CLICK [HERE](#) TO REGISTER)

You can contact CARA at:

CARA, 600 Grand Ave. #410, Oakland, CA 94610

NORTH: 510-663-4086 * 510-663-4099 (fax) * ireid.cara@gmail.com

SOUTH: 714-488-5488 * Vishnu.cara@gmail.com

TOLLFREE 1-877-223-6107 * www.californiaalliance.org

Our mailing address is:

California Alliance for Retired Americans

600 Grand Ave.

Suite 410

Oakland, Ca 94610

Add us to your address book

Want to change how you receive these emails?

You can update your preferences or unsubscribe from this list.

The GLBT Historical Society presents

Lavender-Tinted Glasses: A Groovy Gay Look at the Summer of Love



"Lavender-Tinted Glasses: A Groovy Gay Look at the Summer of Love" highlights the roles of four queers in San Francisco's 1967 Summer of Love: gay poet **Allen Ginsberg**, gay filmmaker **Kenneth Anger**, bisexual astrologer and philosopher **Gavin Arthur**, and bisexual rock star **Janis Joplin**.

All of them brought their perspectives as artists, visionaries, and sexual outsiders to the uprising; all made a lasting impact on American culture. In addition, the exhibition documents how the city's homophile community responded to the Summer of Love. The show will include historic photographs, ephemera, and artifacts from the GLBT Historical Society and private collections.

"In San Francisco's Haight Ashbury district, young people were seeking a way out of what they saw as the soul-destroying alienation of materialism," curator Joey Cain says.

"They created new art, philosophies, politics, forms of self-expansion, music and relationships. The city already had a dynamic LGBTQ community, and many members saw the developments of the Summer of Love as opening the way to greater liberation."

WHEN:

April 7th through September 27th, 2017
Exhibition Opening April 7th | Friday | 7:00 PM - 9:00 PM

WHERE:

The GLBT History Museum | Front Gallery
4127 18th Street | San Francisco, CA 94114
www.glbthistory.org

HOURS

Monday & Tuesday-Saturday, 11 a.m.-6 p.m.
Sunday: Noon-5 p.m.

ADMISSION

General: \$5 | California Students: \$3 | Members: Free

ABOUT THE CURATOR

Joey Cain is a San Francisco-based community activist, researcher, and historian specializing in the history of gay and queer men. He has curated numerous exhibitions for the San Francisco Public Library.

Cain served for eight years on the Board of Directors of the San Francisco LGBT Pride Parade and Celebration Committee, including four years as president. His writing has appeared in RFD Magazine, the Walt Whitman Quarterly Review and most recently in the collection The Fire In Moonlight: Stories From the Radical Faeries (White Crane Books, 2011).

**The San Francisco LGBT Pride Celebration and Parade is
pleased to partner with the GLBT History Museum.**

Home Front Festival and ROSIE RALLY

Lucretia Edwards Park and Craneway Pavilion, Richmond, California

August 12th, 2017 -10am-4pm

Let's set the record, again!



Home Front Festival and ROSIE RALLY!

Bring your friends and family and be a part of history!

AUGUST 12TH, 2017 10 AM - 4 PM

***Let's set the Guinness World Record for Most
People Dressed as Rosie the Riveter, Again!
Enjoy food and 40's music in the park***

10:00 am - Rosie Rally check-in begins at the Craneway Pavilion.

11:00 am - Arrive before 11am to be counted in the Guinness
Record setting effort.

11:45 am - Walking parade to the Home Front Festival

Noon-4pm – Food and Live Entertainment at Lucretia Edwards park.

Rally - Craneway Pavillion, Ford Assembly Plant

1414 Harbour Way South, Richmond, CA 94804

(next door to the National Park Visitor Center)

Festival - Lucretia Edwards Park

Lucretia Way at end of Marina Way South, Richmond, CA 94804

For more information and to RSVP, please go to www.rosietheriveter.org



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CONVENTION & VISITORS BUREAU



RICHMOND
CHAMBER OF COMMERCE

“SAFE AND VISIBLE”

Creating a Care Facility Welcoming to the LGBT Community



*A highly engaging one-hour course on creating a more
safe and welcoming environment for LGBT residents
in your residential care facility.*

[Watch the new video...share the link!](#)

San Leandro Pot Luck

Saturday, August 12th, noon-2:00 pm
All Saints Episcopal Church, 911 Dowling Blvd. San Leandro



Richard Riffer, a former Organic Chemist will continue his super interesting presentation on **BE BETTER INFORMED ABOUT FOOD AND HEALTH** in August. Come join us for a lively discussion.

We are looking for other program ideas for future potlucks that may pique the interest of Lavender Seniors participants. Please send your suggestions to [Lavender Senior Lunches](#).



June 30, 2017

NEWS & NOTES

Our monthly newsletter to keep you informed.

[InvisiBility: Talking About Bisexuality and Aging](#) - while Pride month celebrates increased visibility, acceptance, and equity of the LGBT community, folks who identify as bisexual often remain under recognized. *"Many people would agree that there is not a lot of understanding of bisexuality and bisexual people... even though we compose 50 percent of the LGBT community. Why is it that the aging bisexual community is one of the least represented groups within our LGBT aging network?"* This [fact sheet](#) discusses the importance of recognizing bisexuality and aging.



BUY TICKETS NOW

Newly Revised [Age-Friendly Inclusive Services: A Practical Guide to Creating Welcoming LGBT Organizations](#) now includes information and resources on caregiving. The guide is intended to help LGBT centers and organizations understand the unique challenges that LGBT people face as they get older. [Order](#) a copy today!

Are you attending the [n4a Conference](#)? Join the National Consortium on Aging Resources for Seniors' Equity as we share our new [fact sheet](#) during our presentation *Culturally Appropriate Care for Diverse Elders: A National Effort Meeting the Needs of Diverse Aging Populations*.



The Consortium members include [SAGE's National Resource Center on LGBT Aging](#), [National Caucus and Center on Black Aging](#), [National Asian Pacific Center on Aging](#), [National Indian Council on Aging](#), and [National Association for Hispanic Elderly \[Asociacion Nacional Pro](#)



What's New?

Comparta nuestros recursos en español acerca del envejecimiento en la comunidad LGBT. (Share our LGBT Aging Resources in Spanish.)

[Medicaid y la comunidad LGBT: Cómo costear el cuidado médico a largo plazo: Actualizado en el 2016](#)

[Hoja De Datos: Cómo Brindar Cuidados A La Comunidad LGBT](#)

[10 Consejos Para Encontrar Servicios Afirmativos Para La Comunidad LGBT](#)

[Hoja Informativa: Salud Del Seno Y El Envejecimiento En La Comunidad LGBT](#)

Until Next Time,



Sherrill Wayland

DID YOU KNOW?

New! [Understanding and Supporting LGBT Older Adults](#) is a FREE of Charge 30 minute recorded presentation designed to provide a basic overview of LGBT aging. Check it out today!

You can stay connected with the [National Resource Center on LGBT Aging](#) beyond our monthly e-newsletter! Be sure to like our [Facebook](#) page and follow us on [Twitter](#) where we post new and timely articles and resources that are important for LGBT older adults and the people who care for them.

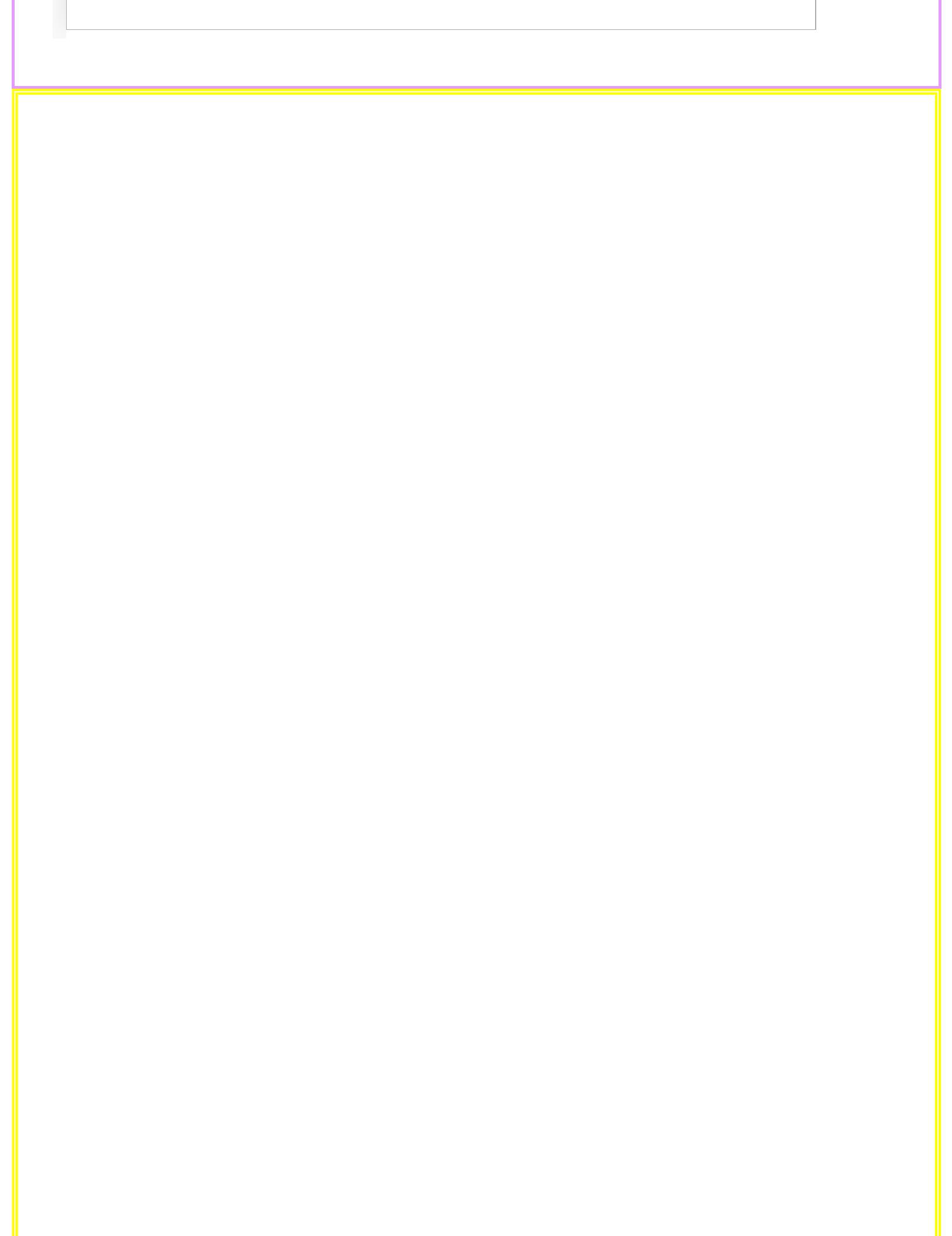
Stay Connected



305 7th Avenue, 15th Floor * New York, NY 10001
lgbtagingcenter.org * info@lgbtagingcenter.org

The National Resource Center on LGBT Aging is a project of Services & Advocacy for GLBT Elders (SAGE) in partnership with:

*American Society on Aging * CenterLink * FORGE Transgender Aging Network * GRIOT Circle * Hunter College * Meals On Wheels Association of America * The LGBT Aging Project * National Aging Pacific Center on Aging * National Association of Area Agencies on Aging * National Association of Nutrition and Aging Services Programs * National Caucus & Center on Black Aged, Inc. * National Center on Elder Abuse * National Council on Aging's National Institute of Senior Centers * National Hispanic Council on Aging * National Indian Council on Aging * Openhouse * PHI * Southeast Asia Resource Action Center*





Silicon Valley

PRIDE

Parade and Festival

NIGHT FESTIVAL
Heroes VS Villains Party

Saturday August 26
6PM-11PM
Plaza De Cesar Chavez Park

PARADE

Sunday August 27 10AM
South First Street, San Jose, CA

DAY FESTIVAL

Sunday August 27 12PM-6PM
Plaza De Cesar Chavez Park

17

Tickets and information
svpride.com

COURTYARD®
Marriott.



Together, Building
a Better California



iHeartMEDIA

K-BAY MIX 106.5



ALPHAMEDIA

EY
Building a better
working world



NEW MEMBER AUDITIONS

TUESDAY, AUGUST 29 @ 7:00 PM

AUDITION INFO: MEMBERSHIP@OEBGMC.ORG
OEBGMC.ORG/AUDITIONS

COME SING IN OUR 2017 HOLIDAY CONCERT!
WEEKLY REHEARSALS BEGIN THE FOLLOWING WEEK ON TUES., SEPT. 5TH

Lavender Seniors Film Series, Wednesday, 16th August, 1-3pm

Boy Meets Girl

[not the James Cagney/ Margaret O'Brien Hollywood Version]

This 2015 film describes the complicated life of a transgendered Kentucky teenager, who wants to become a fashion designer. Having been seriously bullied living in this southern "red state" during her childhood for being a "sissy boy", she has sought solace in the world of social media, actually having quite a following on her weekly YouTube "fashion" program. Little do her fans know how much she has suffered - and yet come out as cheerful as you can imagine!



Though - like in "Big Eden" - one might have to "suspend belief" in certain respects (i.e., could so many people - including Ricky's

father and little brother - in such a red-neck part of the world really be so supportive of an MTF teen?), this is a delightful film that will touch the hardest of hearts. Several complicated love triangles emerge (including an encounter between the heroine of the story and a young woman engaged to a Marine: "Since I'm a girl with a girl who grew up as a boy, does that make me gay?"), the range of gender expression is explored more than perhaps any other film of its kind to date.



Ricky (who was born a "boy") and her girlfriend: Both confused about whether they're attracted to boys or girls.

As it turns out, none of the four main characters is really sure whether s/he is gay or straight!

The film will be shown at 1pm on Wednesday, 19th of July, in the Lecture Hall of the San Leandro Public Library, 300 Estudillo, a ten-minute walk up Estudillo from the San Leandro BART station - or a five-minute walk from the AC-Transit stop at E. 14th and Estudillo.

Lavender Seniors will provide popcorn, bottled water, Martinelli's apple juice, plus miniature Reese's peanut butter cups. After the showing, there will be a brief discussion and evaluation of the film and the issues it brings up for LGBTQ Seniors and their allies.

For people who are driving, the library is on Estudillo two blocks below Bancroft Avenue in San Leandro. It is accessible via either I-880 or I-580, as well.

From I-880, get off at the Davis exit and head east toward the hills. Davis eventually becomes Callan, which passes the north side of the library two blocks above East 14th.

Coming on I-580, get off at the Estudillo Exit (#31B) and follow that street down toward the Bay until you reach 300 Estudillo.

There is ample free parking - some three-hour and some two-hour - at the library.



The Lavender Seniors community is invited to an "Oakland Pride Kick-Off Party" at the next GGBA East Bay Make Contact. Come eat tapas, have a sip of sangria and enjoy the waterfront views and interiors of the state of art Phoenix Commons. GGBA hosts the quarterly networking event to connect the LGBTQ and allied business professionals of Alameda or Contra Costa Counties.

Lavender Seniors of the East Bay attend as guests (no charge) and as the non-profit recipient for funds raised at a silent auction at the event.

Oakland Pride Kick-Off Party/GGBA East Bay Make Contact

Thursday, Aug 17th

6:00 - 8:00pm

Phoenix Commons

340 29th St, Oakland

At Park Street Bridge ~ Valet Parking provided

Free for members & seniors, \$20 for guests

Reservations Required

RSVP to John.eric.henry@ggba.com

The party will be held at the newly built Phoenix Commons on the Oakland estuary, a condo/co-housing senior community dedicated to creating a better model for aging in place for friendship, mutual support, and self-governance.

Tapas and Sangria provided by AEC Living.

AEC Living; senior living communities, home care agency and medicare-approved rehabilitation agency. Independently owned and operated by the Zimmerman family to serve the needs of seniors in the East Bay.

The Golden Gate Business Association (GGBA) is the first business organization founded by LGBT entrepreneurs and is a 501(c)(6) non-profit, membership-driven organization consisting of over 350 business entities, community organizations and individuals

Third Friday Lunch Bunch, Friday, August 18th, 12-2pm,
North Oakland Senior Center



Thinking and Talking about My Legacy

There are as many aspects to the term "legacy" as there are people on the planet. Many of us may have little or no "legacy" - except our love, photos, sweet memories and perhaps some valued family heirlooms - to leave to our family and friends when we move on to whatever that next chapter is. Those aspects of our legacy can usually be handled with letters, discussions, memoirs, plus wills, trusts and other legal documents.

Others of us struggle with how best to be remembered and do the most good in the long run with whatever else we might have to "pass forward" at the end of life to help make the world we're leaving behind a better place for future generations.



Would you like to have a conversation with your loved ones about the various aspects of the legacy you wish to leave? Are you worried about disappointing or angering your loved ones if you want to leave part or all of your estate to charity, a dear friend or a grandchild? Two partners in a Contra Costa County law firm who focus on elder law - Kathleen "Kass" Day-Seiter and Kristen Southworth - will be on hand at the August Lunch Bunch to lead this discussion.

"In this presentation, we will discuss how and when to talk to your family about your wishes concerning the various parts of any legacy you might want to leave behind and to whom," says Ms. Day-Seiter, who also has an MSW specializing in issues related to aging. "We will examine real-life scenarios, and we will work through your questions, perhaps sharing 'vignettes' from our practice with local seniors."

"The legal and emotional issues associated with aging, disability, legacy and the desire for a full array of life choices are universal," says Ms. Southworth, an Oakland resident who volunteers weekly at Alameda County Legal Assistance for Seniors. "In our personal lives, we have helped loved ones navigate these issues. In our professional lives, our goal is to counsel with the same level of care, compassion and knowledge as we have our loved ones."

As usual, lunch is served promptly at noon (both meat and vegetarian options, of course). At about 12:45, there will be time for announcements of interest to East Bay LGBTQ seniors and their allies. After announcements, the floor will be turned over to the speakers for a half-hour, followed by Q&A and further discussion of the issues.

Third Friday Lunch Bunch meets at the North Oakland Senior Center, 5714 MLK Jr Way (corner of 58th Street). The parking lot and entrance is in the back of the building, which is the former Merritt College, retrofitted and shared with Children's Hospital Research Unit.



Kaiser Permanente Medical Center
Hospice Department



An open group for 18+ LGBTQ folks who live in the East Bay and have experienced the loss of a loved one in the last few years. You do not have to be a Kaiser member. This group is offered free of charge and is open to people of all ethnicities and genders.

THURSDAY AUGUST 3

6:00pm-7:30pm

THURSDAY AUGUST 10

6:00pm-7:30pm

THURSDAY AUGUST 17

6:00pm-7:30pm

THURSDAY AUGUST 24

6:00pm-7:30pm

4501 Broadway Avenue, Oakland CA 94611. Parking is free, available and easy in our lot. Please arrive 5-10 minutes early to find parking and a seat in the group. For questions please call group facilitator Ari Cohen at (510) 752-1353

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SAN JOSÉ STATE
UNIVERSITY



Do you identify as LGBTQ? Are you aged 60 or older?
Have you lived in the Bay Area since 1980 or earlier?

If you answered "yes" to all three of these questions, then I would like to invite you to be interviewed for a study about the impact of gentrification on LGBTQ seniors in the Bay Area.

If you choose to participate, you and I will get to know each other in a preliminary interview. In our second interview, you and I will work together to create a work of art that represents how the people you are close to fit in with where you have lived throughout your life. We will talk about chosen families, friends, people who are important to you, where you met them, where you interact(ed) with them, and where you lived whenever these things happened. When we part ways, you will have a physical representation of your story that is yours to keep forever.

Who I am:

My name is Simon Jarrar. I am a graduate student of applied anthropology at San Jose State University. This research will inform my thesis, the completion of which will make me eligible to graduate with my master's degree. My primary adviser is Dr. A.J. Faas, Assistant Professor of Anthropology at San Jose State University. You may contact him for more information at aj.faas@sjsu.edu. (Please use the subject line "Simon Jarrar's Study".)

To contact me:

Phone number: (408) 658-9586

Email: simondjarrar@gmail.com



FAMILY CAREGIVER ALLIANCE®
National Center on Caregiving

LGBT Online Support Group for Caregivers

If you are lesbian, gay, bisexual, or transgender and caring for someone with ongoing health problems . . . ***you are not alone!*** Family Caregiver Alliance's online LGBT Caring Community Support Group connects you with others facing the day-to-day challenges of caregiving. If you're assisting someone with Alzheimer's, stroke, Parkinson's, traumatic brain injury, or other chronic health problems, you can get support from the convenience of your home.

Share experiences, resources, and ideas in a supportive, caring environment. Available 24 hours a day, all you need is e-mail, and it's free! Visit www.caregiver.org.

Lifetime \$10 Park Pass for Seniors to End August 27



Get a lifetime senior pass from the National Park Service before the cost soars.

Currently, any US citizen 62 or over can buy a lifetime America the Beautiful pass for \$10. The cost starting August 28, 2017, will be \$80, the same cost as a standard annual pass. The pass allows entrance to more than 400 national parks. If you purchase a pass online (store.usgs.gov) or through the mail, you pay an additional \$10 fee for document processing, which you can avoid by getting the pass in person at one of the National Park Service sites listed at the same website.



How to Reach Us

Call for an appointment today at:
1-510-832-3040 (LAS)
1-510-839-0393 (HICAP)

Reach us by mail at:
333 Hegenberger Rd, Suite 850
Oakland, CA 94621

Or on the web at:
www.lashicap.org

Health Insurance Counseling and Advocacy Program

Legal Assistance for Seniors is the parent agency for Alameda County's HICAP, a volunteer-based program helping people on Medicare and pre-retirees to navigate the health insurance maze. **HICAP provides free, unbiased Medicare counseling to anyone in Alameda County.** We help Medicare beneficiaries of any age make informed choices and provides advocacy when their health care benefits and rights are threatened or denied. Individual appointments and group presentations are available throughout the county.



Community Phone Calls

Just a few of the things offered:

LGBTQ Chat 2nd and 4th Mondays, 8/14, 8/28, 9/11, 9/25 1:00pm - 2:00pm

This group is open to all LGBTQ seniors and is an opportunity to connect with others socially in a supportive environment where participants can share individual and collective experiences. We will create an inclusive place to share our stories with each other and build a sense of community. Facilitated by Sylvia Vargas, Openhouse Friendly Visitor Manager

Short Stories Read Aloud Thursdays, 7/13 - 10/5 3:00pm - 4:00pm

Pull up your chair and come with me to a place where your imagination is engaged and where visuals are just what your mind creates. Selections will be read from stories written by a variety of authors - some you may have heard of, others may be new. Throughout our time, we will experience mystery, humor, inspiration, and love, with a variety of fictional stories. Facilitated by

Personal Storytelling Tuesdays, 8/22, 9/19 3:00pm - 4:00pm

Under the guidance of Master Storytelling Mary Gay Ducey, Stagebridge Storytellers have been exploring the art of personal storytelling, adapting folk and fairy tales, and creating vibrant stories from real events in history. Stagebridge tellers have taken personal memories, classic stories, and fascinating historical events, and turned them into engaging personal narratives. In this call-in Storytelling Concert, you will hear these stories come alive! Each story is followed by a Q&A and brief discussion. Facilitated by Stagebridge, California

View the **Summer catalog** of community phone calls [here](#). Check the [website](#) for more information. To participate in these or other Senior Center Without Walls (SCWW) telephone activities, or to learn more about SCWW programs, call 877-797-7299 or email info@seniorcenterwithoutwalls.org.



THIS MONTH'S EVENTS

Older & Out - Hayward

August 7, 14, 21, 28 1:15pm (Mondays)

Hayward Senior Center, 22325 N. Third Street, Hayward

A topical therapeutic peer support groups for isolated LGBTQ older adults

Queerly Aging Lesbians

August 3 & 17, 1:30 p.m. (1st and 3rd Thursdays)

The Pacific Center, 2712 Telegraph Avenue (at Derby), Berkeley

Find support and like-minded wonderful people!

Out Standing Seniors

August 1 & 15, 11:30 a.m. - 2:00 p.m.(1st and 3rd Tuesdays)

Hayward Senior Center, 22325 N. Third Street, Hayward

A safe and confidential space for LGBTQ seniors 50+ to share thoughts, feelings, resources, information, and support. FREE, though donations are welcome.

Older & Out - Berkeley

August 4, 11, 18, 25 3:15pm (Fridays)

North Berkeley Senior Center, 901 Hearst Ave, Berkeley

A topical therapeutic peer support groups for isolated LGBTQ older adults

Older & Out - Livermore

August 1, 8, 15, 22, 29 1:00pm (Tuesdays)

Livermore Senior Services, Robert Livermore Community Center, 4444 East Ave., Livermore

A topical therapeutic peer support groups for isolated LGBTQ older adults

Rainbow Seniors

August 8 & 22 12:30-2:00 (2nd & 4th Tuesdays)

San Leandro Senior Center, 13909 E 14th St, San Leandro

A safe and confidential space for LGBTQ seniors 50+ to share thoughts, feelings, resources, information, and support. FREE, though donations are welcome.

Lavender Seniors Advisory Board Meeting

August 9, 6:00 - 8:00 p.m. (2nd Wednesday)

San Leandro Library, 300 Estudillo, San Leandro

A portion of this meeting is open to the public.

Senior Men's Group

August 10 & 24 1:30 p.m. (2nd and 4th Thursdays)

The Pacific Center, 2712 Telegraph Avenue, Berkeley

Co-sponsor: The Pacific Center, 510-548-8283

Feel alone? Need to find space to be yourself and chat with others? Join us!

San Leandro Potluck

August 12, noon - 2:00 p.m. (2nd Saturday)

All Saints Episcopal Church, 911 Dowling Blvd., San Leandro

This month's program: Richard will continue his talk on nutrition (see info above)

Lavender Seniors Film Series

August 16, 1:00 - 3:00pm (3rd Wednesday)

San Leandro Library, 300 Estudillo, San Leandro

This month's movie: "Boy Meets Girl" (see info above)

Oakland Lunch Bunch

Sponsored by City of Oakland Aging & Adult Services

August 18, 12:00 - 2:00 p.m. (3rd Friday)

North Oakland Senior Center, 5714 Martin Luther King Jr. Way, Oakland

This month's program: "Legacy" (see info above)

Lavender Seniors of the East Bay Board of Directors

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Lavender Seniors

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Email: info@lavenderseniors.org
Website: <http://lavenderseniors.org>

Mail Address: 4021 Monterey Bl.
San Leandro, CA 94578