



Lavender Notes

*Improving the lives of LGBT older adults
through community building, education, and advocacy.*

December 2015

Celebrating 20+ years of service and positive change

Volume 22, Issue 12

Stories of Our Lives - A Lavender Seniors Pioneer

Frank J. Howell, Librarian Extraordinaire

It was Red Bluff, California, in the early 1950s. A creative 14-year-old with an undeniable attraction to the sons of ministers, inadvertently outed himself. As a result, he almost wound up in Napa State Hospital being subjected to the "treatment-of-the-day" for suspected homosexuals: electro-shock convulsive therapy.

"I was clearly in love with another student - the son of a Nazarene minister," Frank recalled. "I wrote this romantic adventure novel which involved a group of orphan boys escaping from their prison-like orphanage and retreating to a place in the country where they could organize a collective, all marry each other and live happily ever after. The minister's son and I were the heroes of the story, of course!

"I made the mistake of sharing that creative piece with the boy, hoping he'd resonate with the idea and we would, in fact, live together in wedded bliss for the rest of our lives."

As it turned out, the minister's son told his parents, who told Frank's parents, who immediately took him to one of the notorious "mental hygiene clinics" of the day in nearby Redding. It was clear he was being treated initially as diseased, referred to clinics in San Francisco, where he was probed repeatedly with batteries of Rorschach blots, Thematic Apperception Tests and the like, with no clear diagnosis being reported to him or his worried parents.

"After a year or two of being shunted around from place to place, it was decided that I should be confined to Napa State Hospital on a closed ward 'for 90 days of observation'," Frank recalled, "which would probably have meant electro-shock therapy. That's how they dealt with people suspected of being gay in those days.

"Luckily, my father - who owned and operated a Boysen Paint Store in Red Bluff - finally put his foot down and said 'No More! - let's just leave the boy alone and get on with our lives,' which was a very daring thing for him to do in small-town California back in the '50s."

Frank was born in that small Tehama County town on February 6, 1938, the youngest of three children. His older brother, Jim, and his wife still live in Red Bluff. His sister, Betty Jean, died of cancer about ten years ago. Though both siblings had some reservations about Frank's gayness, the whole immediate family finally embraced his "lifestyle choices", as long as they didn't have to talk about it too much, Frank said.



Frank as a two-year-old in 1940



Frank, age 7, with his Mom in 1945: WW-II is over!

When Frank was six years old, he had a bout of rheumatic fever, which laid him low for nearly a year, but doctors finally decided he had "outgrown" the condition. Though his parents were active members in the Methodist Church there, they sent him to a Catholic school for one year. Otherwise, he was a public school student through his years in Red Bluff.

He never dated girls in school and - after the incident with the Nazarene minister's son - was very cautious about who he let know about his sexuality. Though there were a few episodes of sexual romps "in the barn" with other "horny teenagers", Frank had reconciled himself to a life without love, since he grew up at a time when his love still "dared not speak its name".



The 14-year-old busied himself at pursuits other than boys!

After graduating from high school, Frank did a year at Shasta Junior College in Redding, he then pursued a degree in psychology at Cal State, Chico, intending to become a probation officer. In the final analysis, however, that was not something he was particularly interested in.

His mother suggested to him at one point that he might want to consider becoming a librarian. Luckily, San Jose State University offered an M.S. in Library Science at that time, so he moved to Santa Clara County for nine months, enrolling full-time in the curriculum. He took the remaining 3 or 4 course requirements on a part-time commuter basis.

As fate would have it, just as he was struggling to come up with an appropriate master's-thesis topic, the department dropped that requirement and he received his degree.

He began working at the Hayward Public Library in 1965 and worked there for 35 years until his retirement in 2000. During his time there, he worked tirelessly at making the board and staff more aware of LGBT issues that needed to be openly addressed. He played a key role in getting approval for a library display - quite controversial for Hayward at the time - called "Out of the Closet", which was exhibited there during the early '80s.

He continued being basically asexual during and immediately after college, however, primarily because of his very negative experience as a 14-year-old naively trying to own his identity.

Frank thanks the Rev. Troy Perry - founder of the Metropolitan Community Churches - and his publication, *The Lord is My Shepherd and He Knows I'm Gay*, with giving him the courage to move forward on finding love in his life. He became actively involved in the MCC - both in Hayward and in San Francisco - which is where he met his long-term lover (and husband), John Wise, as well as good friends, Jim Sandmire and Jack Hubbs.

"John and I met during our involvement with the MCC," Frank recalled. "We were only dating for a few months when he asked me to marry him. So Troy Perry married us in a ceremony which was even attended by my parents, after they sought 'pastoral counseling' from an interim minister at their Methodist Church in Red Bluff and loosened up a bit!"



John (left) and Frank, happily-married for 25 years

The couple bought their first Hayward condo together in the early 1970s, a second condo two years later and finally bought their current house on Hershey Way in Hayward in 1980. During their years together, they traveled extensively, first through Europe, then through Asia. Every few years, they would return to old haunts overseas and discover new ones, including an exciting trip to Australia, where they met a number of other "out" gay couples, a rarity at the time.

"One of our first trips together - in 1973 - became something of a disaster because of confusion about dates on our Russian visas," Frank recalled. "Since someone had put the wrong dates on the visas, we weren't allowed to continue beyond the Eastern bloc with our tour group. Instead, we were told 'get packed for Helsinki right now' and a few hours later were on our way to Finland, not knowing what we would do or how we would get along when we got there.

"We were able to find our way back to London - thanks to our American Express card! - and spent the remainder of our vacation there. While we were in London, we saw Ingrid Bergman in a delightful live performance of a Somerset Maugham play - *The Constant Wife*, I believe - which was a wonderful reward for all we had gone through in the previous week!"

Other than their regular overseas junkets, the couple lived a "fairly normal life," Frank recalled. On his way to the Hayward Library each day, Frank would drop John at the bus-stop (or later the South Hayward BART station) to make his daily commute across to his clerical job at the Santa Fe Railroad headquarters in San Francisco.

Frank and John became politically active with other LGBT friends and allies via formation of Lavender Seniors of the East Bay back in the '90s.

"We saw an article in *The Advocate*, mentioning that a group of concerned gay people were getting together at the Bayfair Mall in San Leandro to talk about lack of services for LGBT seniors. So we went and eventually became involved with a number of people there, including the couple who became our best friends, Marvin Burrows and Bill Swenor. It felt good to be out fighting for ourselves and other LGBT seniors, who had experienced so much hatred, misunderstanding and discrimination in our earlier lives!"

Frank has remained an active participant in Lavender Seniors and - less so - GLOBE, beginning in the 1990s. He is

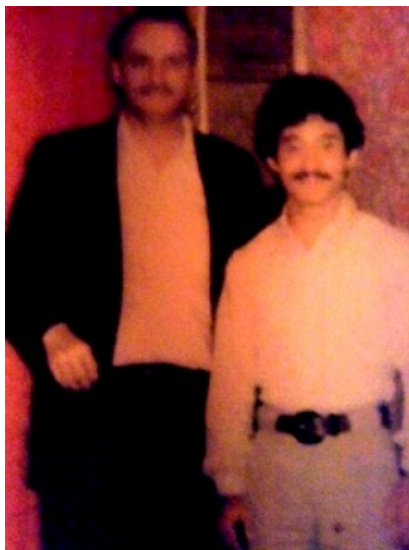
still a member of the Lavender Seniors Board and frequently does tabling at health fairs, Oakland Pride, LGBT Youth (and Adult) Proms and other related activities.

After Frank's husband, John, retired from the Santa Fe Railroad, his health failed rather rapidly, Frank recalled. He seemed to be going to the emergency room regularly and - unfortunately - Frank's Kaiser insurance was unable to cover his spouse in those days. So medical expenses seemed to be mounting exponentially. On John's last hospitalization - during which, in their last conversation, he told Frank he would be home "in a day or two" - his worn-down body just gave out and he died, with hospital staff calling Frank at 6am to inform him.

About five years after John died, Marvin's lover, Bill, also died, quite unexpectedly, of a heart attack, even though he appeared to be in good health at the time. They hadn't written wills or developed estate plans - and there were no presumed "spousal rights" for even MCC-married gays at the time. Therefore, Marvin was initially unable to access any of Bill's accounts or resources, meaning he lost the house they'd bought and was threatened with becoming homeless. So Frank invited Marvin to come and live with him on Hershey in Hayward. They roomed together for the last five years of Marvin's life.

Soon after Marvin's death in 2010, Frank recalled, an old friend, Harry Ogawa, whose partner had died a few years earlier, stepped in "to fill the void in my life", Frank recalled.

"Harry has helped me tremendously for the last few years," Frank said. "Though we only see each other a couple days a week, he helps provide the support I need to carry me through."



Frank (left) and Harry "many years ago".

Asked what he sees for the future in his "Golden Years," Frank - turning 78 in a few months - replied that he's trying to "cut back" on activities outside the home, focusing primarily on his role as Lavender Seniors board member and frequent panelist on presentations and trainings with medical, mental health and social service professionals. He was one of the resource people interviewed in the on-line course developed by Lavender Seniors - released in May - which has already provided training to nearly 500 doctors, nurses, social workers and other helping professionals around the globe.



Frank at the Lavender Seniors Platinum Anniversary Celebration, November 2014

Thanks for your many contributions, Frank!

Lavender Seniors Receives Generous Grant from East Bay Foundation on Aging

The East Bay Foundation on Aging (EBFA) has awarded \$10,000 to Lavender Seniors of the East Bay for core operating support. The EBFA clearly recognizes the impact of Lavender Seniors' work and how very important it is to assure safe space and supportive resources for LGBTQ older adults.

The Mission of the East Bay Foundation on Aging is to improve the quality of life of the elderly through grants to non-profit organizations in the East Bay. Initial priorities include direct service, training, and capacity-building grants to organizations serving elderly women, Oakland residents and/or utilizing an inter-generational approach.

"EBFA's decision to award this grant will help us immensely to expand our services to LGBTQ elders during a very important time in history." Patricia Osage, the agency's Executive Director, said.

Lavender Seniors of the East Bay is in heavy demand *right now*. Why?

"Many LGBTQ seniors fear that the healthcare system is judgmental as they have lacked access to culturally competent aging services most of their lives," Osage said. "While we imagine that much of the advocacy and support we do for elders will be rendered unnecessary in 50 years, today there is a huge need. Although many care providers today may not intend it, their lack of cultural sensitivity can drive LGBTQ older adults - often traumatized from decades of discriminatory care - back into the closet. Many choose not to access care at all for fear of disrespect or even abuse as they grow frail.

"Some think that being 'out' to providers is not important. Some don't see the benefits of accessing services that are inclusive. As a result, LGBTQ seniors are five times less likely to use aging-related services... yet have a far greater need. Additionally, a 2007 study, "Improving the Lives of Older Adults," found a majority of the 650 LGBTQ people studied - who were receiving in-home care or living in residential facilities - reported being either abused or neglected by staff, or isolated from or discriminated against by other residents. This population, known as 'Gen Silent' from the documentary by Stu Maddox, often feels too vulnerable to fend off poor treatment, preferring to simply avoid it despite struggling to care for themselves or their lovers."

Lavender Seniors is sharply aware of the relevant issues and has already done much over its last two decades to help improve conditions for LGBTQ seniors throughout the East Bay. They have been educating service providers with their well-known curriculum for many years.

In fact, Lavender Seniors recently achieved international success with its groundbreaking, cloud-based video training course called *'Creating a Healthcare Practice Welcoming to LGBT Elders'* for professional care providers of all kinds.

"In fact," Osage reports, "Almost 500 people from 60 different countries (50% from the US and 50% from other nations) have enrolled in the course thus far."

Professionals who take the course are eligible for Continuing Medical Education units from the American Academy of Family Physicians. It's unusually user-friendly, free and engaging; all qualities consciously applied in order to maximize the number of people who use it.

"It is truly remarkable how many diverse people this curriculum has touched so deeply," Osage remarked.

For those wanting to view or enroll in the free course, funded via a previous grant from the Alameda County Behavioral Services Innovation round - and administered brilliantly by former Lavender Seniors Advisory Board Chair, Dan Ashbrook - it can be accessed at <https://www.udemy.com/creating-a-healthcare-practice-welcoming-to-lgbt-seniors/> or simply go to the Lavender Seniors website (www.LavenderSeniors.org) and click on the hyperlinks following this headline: **Lavender Seniors Releases First Training Film of its Kind**

This great gift from the EBFA will allow Lavender Seniors to tailor an enhanced version of their curriculum once again; this time designed specifically to teach staff of Oakland residential care homes *how to make their facilities welcoming to LGBTQ seniors*.

"We are so very pleased that the Foundation has chosen to support Lavender Seniors in moving forward with our work on these important health and social issues," said D'Anne Breutsch, Chair of the Lavender Seniors Advisory Board. "We are eager to begin carrying out the goals and objectives specified in the grant" .

Together, the East Bay Foundation on Aging and Lavender Seniors of the East Bay are enthusiastically poised to improve hundreds more lives across our LGBTQ elder community.

Patricia Osage
Executive Director, LIFE ElderCare
Phone: 510.574.2091 Cell: 510.314.6365
www.LifeElderCare.org

Monthly Book Review:

The Gay Revolution: The Story of The Struggle

-Lillian Faderman

Lillian Faderman uses eyewitness accounts that portray the victories and defeats of the gay movement from the 1950s to the present.

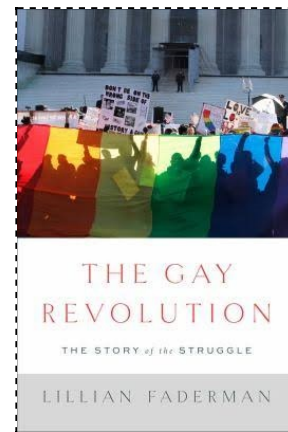
Faderman as received six Lambda Literary Awards and is the author of "Surpassing The Love of Men" and "Odd Girls and Twilight Lovers."

The repression of the Joe McCarthy era is sketched out in shocking detail. In 1955 Coronet Magazine stunned Americans with "a new moral menace to our youth."

The Mattachine Society was founded and Phyllis Lyon and Del Martin helped create the Daughters of Bilitis. In 1951 Donald Webster Cory published "The Homosexual In America." Dr. Evelyn Hook, a noted psychologist declared that gays are normal. One Magazine, in 1953, asked if homosexual marriage was possible.

It's all here in compelling prose. This is a must read for all our community.

- Frank Howell



East Bay Preview of The Girl King

- Limited Theatrical Release

The lush English-language period drama about the world's most famous lesbian monarch, Queen Kristina of Sweden, is coming to theaters in limited release December 4th from [Wolfe](#), including an exclusive one-night Frameline preview at the Piedmont Theatre, 4186 Piedmont, Oakland, at 7pm, Thursday, December 3rd. Other



San Francisco Bay Area bookings include The Lark in Larkspur and The Camera 3 in San Jose. Other sites include Laemmle Royal in Los Angeles and the St. Anthony Main Theater in Minneapolis.

Find full details at the film's [official US Facebook page](#) and be sure to see this gorgeous film on the big screen while you have the chance. The film's epic screenplay by out gay playwright **Michel Marc Bouchard** (*Lilies, Tom at the Farm*) is brought to the screen by esteemed director **Mika Kaurismäki** and features an impressive international cast including the stunning Swedish star **Malin Buska** as Kristina and Canadian actress **Sarah Gadon** (*A Royal Night Out, Dracula Untold*) as Kristina's love interest, the Countess Ebba Sparre.

Look for [The Girl King](#) coming to VOD and DVD on December 8th.



LGBT Online Support Group for Caregivers

If you are lesbian, gay, bisexual, or transgender and caring for someone with ongoing health problems . . . **you are not alone!** Family Caregiver Alliance's online LGBT Caring Community Support Group connects you with others facing the day-to-day challenges of caregiving. If you're assisting someone with Alzheimer's, stroke, Parkinson's, traumatic brain injury, or other chronic health problems, you can get support from the convenience of your home.

Share experiences, resources, and ideas in a supportive, caring environment. Available 24 hours a day, all you need is e-mail, and it's free! Visit www.caregiver.org.

Senior Center Without Walls Community Phone Calls



Join Roger Anunsen's "Cognitive Crew"!

Thursdays 1:00 - 2:00pm October 8 - December 10

Cognitive Activity Design explores the potential of applying emerging, evidence-based research in memory and aging to address real-life cognitive challenges. In this series, gerontology students will present 20-30-minute demonstrations of an innovative, brain-healthy activity designed as part of Roger's first-in-the-nation course, "The Aging Mind". Come with an open mind, this series is sure to be full of brain healthy surprises!

Roger Anunsen is co-founder and Principal at MINDRAMP Consulting and director of MINDRAMP's Brain Health Initiative.

Growing an Elder Community Mondays, Part I: 10:00 - 11:00am, Part II: 11:00am - noon

This is a two-part program. Participants may call into either one or both sessions. Part I: By speaking with others, older people discover what is beautiful about the latter stages of life, and how getting older, especially as a disabled or homebound person, can become getting riper and be a real contribution to our culture-at-large. This is an opportunity to experience what is noble about being human in this world. Part II: This segment can be experienced as a continuation of Part I or separately, and represents a chance to deepen our experience.

Sing! Saturdays 2:30 - 3:00pm

Join host Toni Tompkins and the SCWW Singers for a fun half hour singing Broadway show tunes, folk songs, and other favorites acapella. All voices are welcome! Song lyrics are available from the office.

View the [Fall catalog](#) of community phone calls [here](#). To participate in these or other Senior Center Without Walls (SCWW) telephone activities, or to learn more about SCWW programs, call 877-797-7299 or email info@seniorcenterwithoutwalls.org.

!!! New More Accessible Location, San Leandro Public Library !!!

"KAWA"



This charming "coming-out" story takes place within a Maori family in New Zealand. The hero of the story, Kawa, is a 40-something well-respected businessman, living in an upscale suburban community with his wife and two children. Apparently happily-married, Kawa - according to Maori tradition - is in line for becoming the chief of his rural-seaside tribe when his father retires and steps down.

Based on the novel, *Nights in the Gardens of Spain*, by [Witi Ihimaera](#), this 2010 film describes in vivid detail the dilemma Kawa faces when he needs to confront - as a respectable Maori - the fact that he's felt like a gay man all of his life. In fact, he has taken to visiting the big-city gay bath-houses and has recently fallen in love with another man.

We have acquired the main-floor totally-accessible "lecture hall" at the San Leandro Public Library, 300 Estudillo Drive, San Leandro, for at least November and December showings. In the event the venue is evaluated as appropriate for future films, we have applied to have the third Wednesday of each month through 2016 for this purpose, as well.

Lavender Seniors will provide popcorn, bottled water, Martinelli's apple juice and sparkling cider, plus miniature Reese's peanut butter cups. Following the 1-3pm screening, there will be a brief discussion/evaluation of the film and the issues it brings up for us as LGBT seniors.

The library is a ten-minute (five-block) walk up Estudillo from the San Leandro BART Station. For those with mobility issues, pick-up from the San Leandro BART station can be arranged (12:30-45) by either e-mailing David123Black@gmail.com or calling 505-917-1616 at least a day in advance.

The AC-Transit 1R has a bus-stop at East 14th and Estudillo, which involves a 1.5-block walk up Estudillo to the library.

For people who are driving, the library is on Estudillo two blocks below Bancroft Avenue in San Leandro. It is accessible via either I-880 or I-580, as well.

From I-880, get off at the Davis exit and head east toward the hills. Davis eventually becomes Callan, which passes the north side of the library two blocks above East 14th.

Coming on I-580, get off at the Estudillo Exit (#31B) and follow it until you reach 300 Estudillo.

There is ample parking at the library.

Meet:

OUT STANDING SENIORS
A drop in peer group for LGBTQ seniors 50+



OUT STANDING SENIORS is a safe and confidential space for LGBTQ seniors 50+ to share thoughts, feelings, resources, information and support one another.

Out Standing Seniors is a group that was conceived when the Pacific Center in Berkeley received a grant to reach outside of their local area. They held a meeting at the Lighthouse LGBT Center in Hayward and Beckie Underwood attended it. The group was formed and first met at the Lighthouse in

February 2013.

When the Lighthouse closed its doors, Beckie immediately began to look for a new place. The Hayward Senior Center welcomed our group with open arms.

The group currently meets at the Hayward Senior Center on the 1st & 3rd Tuesdays from 11:30-2:00.

What some of our group members have to say about the group:

"Outstanding Seniors is a comfortable, relaxed and supportive group where you can talk about important issues for gay seniors." - Karl A.

"Out Standing Seniors is a place for self-actualization while we embrace who we are as LGBT seniors, and by exploring a broader understanding of what it means to enter into a stage of our life's called Elderhood." -Hosea T.

"Out Standing Seniors is a warm welcoming group a great place to meet new friends and discuss interesting topics. The Hayward Senior Center is a nice location with ample parking...check it out!" -New Member

CARA Alert - November 20, 2015

A publication of the California Alliance for Retired Americans

STOP THE TRANS PACIFIC PARTNERSHIP (TPP)

It's a Bad Deal for Seniors, People with Disabilities, and Medicare!

The United States has concluded negotiations on the Trans Pacific Partnership (TPP) trade deal, and on November 5, 2015, President Obama released the text of the agreement. This started a 90-day period for public review before Congress can take an up or down vote. The agreement contains various provisions that could affect drug prices for all Americans, including seniors. These provisions would block patent reform and jeopardize the government's ability to negotiate lower prices for drugs in public programs like Medicare. Here are some key talking points that you can use when talking with your elected officials and others about the dangers of the TPP:

Fewer jobs, lower wages

- Voting for the TPP means fewer jobs and lower wages for American workers. This is because it fails to address currency manipulation; has incredibly weak rules of origin on autos and auto parts; and fails to level the playing field in terms of state-owned enterprises and labor and environmental standards.
- All the rhetoric being used to pitch the TPP has been heard before. NAFTA and CAFTA were supposed to end undocumented immigration. The Colombia Free Trade Agreement was supposed to solve the long-standing issues of violent repression of labor unionists. And the Korea FTA was going to create 70,000 jobs. Not one of these promises has been fulfilled.

Higher Prescription Drug Prices

- The Alliance for Retired Americans, Doctors Without Borders, AARP and Oxfam America agree: TPP contains extreme patent protections for name-brand pharmaceuticals that threaten to restrict access to cheaper lifesaving medicines in all TPP countries, including in the United States.
- TPP contains a lengthy patent exclusivity period for certain types of drugs - including biologics, special drugs used to treat cancer and arthritis. This will make it more difficult for other companies to manufacture the cheaper generic versions of drugs - leading to higher costs for everyone.
- TPP jeopardizes the government's ability to list and price prescription drugs in public programs, like Medicare, which millions of seniors and disabled people rely on. More specifically, foreign corporations or subsidiaries will be able to challenge Medicare if drug pricing in these programs affects their profits.

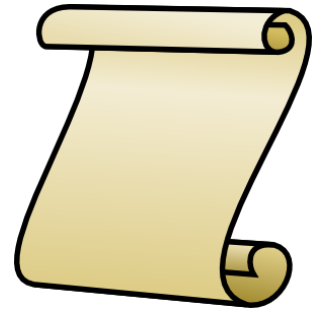
- Finally, TPP could tie the hands of future Congresses to negotiate drug prices under Medicare or enact a Medicare drug rebate program, which would save Medicare \$121 billion over 10 years.
- Americans pay the highest prescription drug prices in the industrialized world, and last year drug prices went up by 13 percent. That's more than eight times the rate of inflation in a single year! We think Congress should be working on ways to reduce drug costs, rather than making this problem worse. This is not the time to support an agreement that could further increase drug costs to consumers and the government while lining the pockets of the pharmaceutical industry.

WHAT YOU CAN DO!

1. Ask your City Council, Board of Supervisors or other public body to pass a resolution opposing the TPP. CARA is part of a national effort to collect 1000 resolutions by the end of the year. *Call CARA for more information about how to get involved in this effort.*
2. Call your Congressperson, or better yet, meet with them in person at their district office. You can call your Congressman and urge them to vote NO on the TPP by (call the Capitol Switchboard and using this toll free number: **877-762-8762** and ask for your Congressman). *Please call the CARA office to let us know how your Congressman responded.*

Letters to the Editor

Tell us what you think of this new column. Send your letters to the editor to: info@lavenderseniors.org



Lost & Found

A new column for items left behind at Lavender Seniors Functions

If you've lost or found something at a Lavender Seniors event or function, please send your inquiry including the event, date & description of what you found or lost to: info@lavenderseniors.org. Items found while the function facilitator or LS board member is present should be turned in to them.



Monthly Events

Out Standing Seniors

December 1 & 15 11:30 a.m.-2:00 p.m.

Hayward Senior Center, 22325 N. Third Street, Hayward

A safe and confidential space for LGBTQ seniors 50+ to share thoughts, feelings, resources, information, and support. FREE, though donations are welcome.

Lavender Seniors Advisory Board Meeting !!! New More Accessible Location!!!

December 9, 6:00-8:00 p.m.

San Leandro Public Library, 300 Estudillo, Meeting Room C, San Leandro

A portion of this meeting is open to the public.

Queerly Aging Lesbians

December 3 & 17, 1:30 p.m. (1st and 3rd Thursdays)

The Pacific Center, 2712 Telegraph Avenue (at Derby), Berkeley

Find support and like-minded wonderful people!



Senior Men's Group

December 10, 1:30 p.m. (2nd and 4th Thursdays) *Pacific Center closed Dec.24-Jan2*

The Pacific Center, 2712 Telegraph Avenue, Berkeley

Co-sponsor: The Pacific Center, 510-548-8283

Feel alone? Need to find space to be yourself and chat with others? Join us!

San Leandro Potluck

December 12, 12:00-2:00 p.m. (2nd Saturday)

Unity Church, 1420 Santa Maria Street, San Leandro (Corner of Joaquin & Santa Maria)

Come relax for a couple of hours. Share the love, meet others, talk and laugh!

LGBT Film Series !!! New More Accessible Location!!!

December 16, 1:00-3:00 p.m. (3rd Wednesday of each month)

San Leandro Public Library, 300 Estudillo, lecture hall, San Leandro

This month's movie is: "KAWA" see info above.

Oakland Lunch Bunch

Sponsored by City of Oakland Aging & Adult Services

December 18, 12:00-2:00 p.m. (3rd Friday of each month)

North Oakland Senior Center, 5714 Martin Luther King Jr. Way, Oakland

This month's program is: "as of this newsletter no program is scheduled"

Lavender Seniors of the East Bay Board of Advisors

Chair: D'Anne Bruetsch

Secretary: John David Dupree

Treasurer: Carmen Chiong

David Dayog Black

Beckie Underwood

Frank Howell

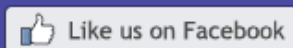
Barbara Jue

Mike Trutner

Lavender Seniors

is a project of

LIFE ElderCare



Email: info@lavenderseniors.org
Website: <http://lavenderseniors.org>

3300 Capitol Avenue
Fremont, CA 94538
510-574-2073